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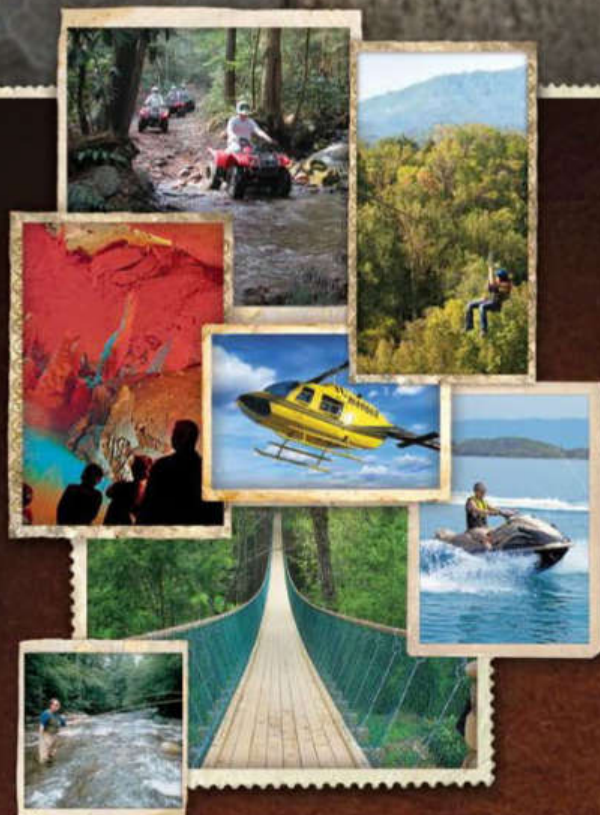


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Fall 2015

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*The Art of Hunting:  
Essential Tactics for  
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Master these special skills and  
stay on top of your game.

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*An Angler's Guide to the  
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We found the sweet spots, so grab your tackle  
box tell everyone you've "gone fishing."

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*Comfort Checklist: Crucial Items for  
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This gear is imperative for staying safe, warm, and  
happy during your winter camping adventures.

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Get to know Bear Grylls, expert survivalist and host of NBC's *Running  
Wild with Bear Grylls* and *The Island*, in this exclusive interview.



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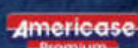
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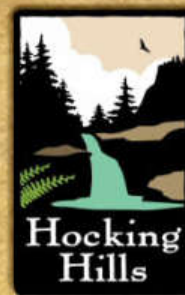


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# WELCOME

David-Jacobs Publishing Group and the Adventure Outdoors team are proud to provide you with this fall edition of *Adventure Outdoors Magazine*. Within this issue, expect to explore some of the most exciting destinations for an incredible adventure this season, from paddling through Alaska's winter waters, to skiing at luxury resorts in the Northeast. You'll embark on a fishing tour fit for a professional angler, and in addition, you'll learn new tips and tricks for how to stay alive and comfortable during your excursions, no matter what obstacle you may face.

A tremendous amount of appreciation goes out to Bear Grylls, expert survivalist and host of *Running Wild with Bear Grylls* and *The Island* on NBC. Bear has made a tremendous impact on the outdoor community, and has become such an inspiration to us all. Even while busy opening up new locations for the Bear Grylls Survival Academy, and filming his television series, Bear was able to open up and tell us all about his most intense adventures and all he's learned along the way. This fall issue is nothing short of amazing, thanks to your participation, Bear!

Here at Adventure Outdoors, we like a challenge. Experiencing all nature has to offer means getting your hands dirty, and maybe even getting a little roughed up in the process. Whether you enjoy fly fishing in still lake waters, or flushing waterfowl with your pointer hound, we feel that there is something in here for every outdoor enthusiast to give it all they've got. Take your time, enjoy the scenery, and most of all, have fun! Life is too short to not do what you love, so find your niche in nature and get exploring. There's an entire world waiting for you!

Wishing you warmth and wonder this season,  
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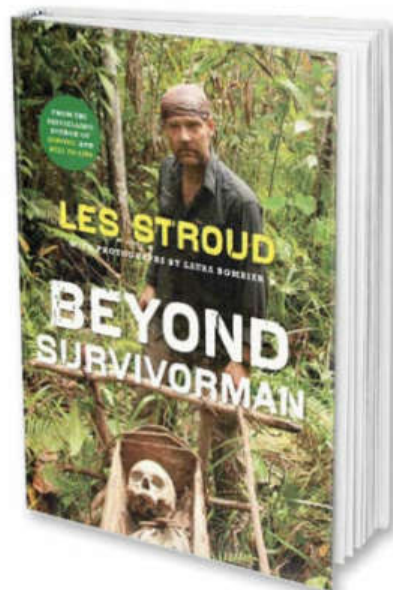


**Les Stroud has logged over half a million miles**

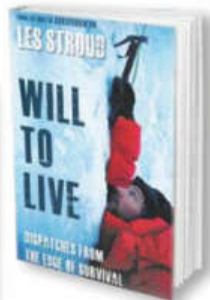
across the globe—from the lush jungles of Papua New Guinea and the sun-scorched sands of the Kalahari to the harsh cold of the Canadian Arctic. He has survived for weeks at a time in harsh situations and in isolated, challenging environments. Offering us a rare glimpse of some of the world's most remote cultures—such as the Sea Gypsies in Malaysia and the San Bushmen in Africa—Beyond Survivorman covers his most challenging journey of all: learning not only how to survive but also how to connect spiritually to the earth.

A HARDCOVER book

Written by Les & featuring the incredible photography of Laura Bombier, Beyond Survivorman offers us a rare glimpse of the last remote Indigenous tribes to learn how they live, how they survive and what lessons they can teach us.



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## Winter Wonderland

Tucked away in the western slope of the Tetons, Eastern Idaho's Teton Valley is a winter wonderland perfect for families and outdoor adventurers alike. Every year, the bustling valley is blanketed in snow allowing for ample opportunities to celebrate the season and explore the snow.

From skiing and snowboarding, to snowmobiling and cross country, take to the snow on your favorite craft and explore endless terrain throughout the area. Teton Valley's neighboring resort, Grand Targhee Resort, is just 12 miles from Driggs, Idaho. Wyoming's best-kept secret, this family-friendly resort is perfect for those looking to escape the crowds, enjoy light snow, and experience unbeatable terrain.

Whether you're looking for a great workout or a great way to take in the scenery, Teton Valley's many Nordic trails groomed by Teton Valley Trails & Pathways gives visitors seemingly endless opportunities to glide and skate across the valley. Take in mountain views in Teton Canyon, sweeping vistas in Alta, or glide across a championship golf course in Victor's Teton Springs. There's also plenty of track to explore on a fat bike including 15k of groomed trails at Grand Targhee Resort.

A hallmark of Teton Valley winters, the 5th Annual Great Snow Fest, held the last two weekends in January, is a celebration of all-things-snow that's not to be missed! Tourists and community members alike will enjoy everything from Snow Sculpting demonstrations and Skiijoring competitions to Snowcross and Dogsled races. The community comes alive with countless activities held throughout the area to showcase our best asset: SNOW!





# DISCOVER

## TETON Valley, Idaho

Teton Valley is the place to be for every outdoor adventure and family getaway, no matter what season! From world-class trout water, hundreds of miles of mountain biking, and hiking to snowmobiling, skiing, snowboarding and cross-country skiing, your trip will keep you searching for more!

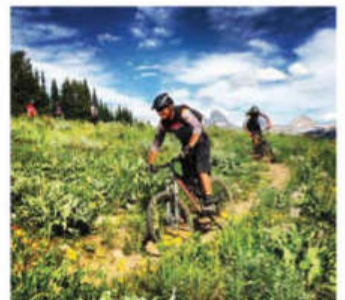
### Sensational Summer

With pristine high-alpine temps, unbeatable views, and access to two National Parks, Teton Valley boasts some of the best summer activities for any type of getaway.

If you are on the search for the catch of a lifetime, or even the trip of a lifetime, our world-class trout waters offer an ideal opportunity to test your skills on the fly rod and catch famous Cutthroat, Brown, and Rainbow trout. Or, spend a day relaxing on the water. The Teton River is your access to a great day on the water, from paddleboarding or rafting, to kayaking or inner-tube floating.

Teton Valley is also home to hundreds of miles of mountain biking singletrack featuring rolling cross-country trails, grinding climbs, buffed descents, technical and rugged backcountry trails, epic all day tours, and extreme downhill with freeride features big enough to challenge the most advanced rider. There's also plenty of options for family rides and beginners.

See the valley like a local and spend a day strolling around town and explore all that Victor, Driggs, and Tetonville have to offer. Sample the local fare and peruse our many stores. From music festivals and farmers markets, to bustling nightlife and local artisan shops, the summer is full of color, excitement, and fun for all.



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# THE **ART** OF HUNTING

*Essential Tactics for Fall and Winter Prey*







Those moments, when you're so deeply burrowed in the crevices of your own thoughts that light and dark become one shade, that depth and space and gravity disappear altogether, those are the moments in which boys transform into men.

Corey felt this feeling now, kneeling beside his father, Frank, for the first time as his hunting companion. Within this moment, that would forever be emblazoned in his memory as the day his father accepted him as a friend, and as an equal, Corey was learning perhaps his most important life lesson: how to be patient.

The old Ford that Frank refused to get rid of was now the only reminder of civilization. A tiny dot in the distance, like that of the laser beam from the scope of his rifle, it seemed to get brighter against the falling snow. Its faded crimson paint job now seemed to be candy apple red against the flurried, gray backdrop of winter's presence. Corey quickly turned away to face the woods, for fear that he may lose his courage and run back to the truck.

Corey watched his father intently while he had unpacked before they set off walking. In observation, Corey noticed that his father immediately put on surgical gloves before grabbing his rifle, tree stand, and backpack.

He's going to kill me, Corey thought, my father is going to murder me. And for what? Breaking that window last week? Apparently Frank noticed his son's hesitance, and released a small chuckle.

"Put these on, boy," Frank required, throwing a pair of the gloves in Corey's direction. Corey did not argue, but immediately did as he was told, and the two of them walked silently, side-by-side, toward the thickest part of the woods.

Now that they were settled among the trees, perched in their stands with their rifles at attention, Corey tried making whispered conversation with his father.

"Where's the de—"

Before Corey could finish his sentence, Frank had already placed one of his large, callused hands over Corey's mouth. Frank cut his eyes toward his son's young and hairless face, fresh with innocence and candor, and his expression, centered on narrowing brows and a thick salt-and-pepper-colored mustache, was an even mixture of admiration and disgust.



**"Corey was  
learning perhaps  
his most important  
life lesson..."**



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Corey felt himself holding back his own breath as his father placed his hand on his shoulder. Corey almost said his famous, “sorry, Pop,” line, but decided against it. The moment was clearly not in an acceptable atmosphere for conversation.

Frank put a hand on his son’s shoulder, and with the nose of his rifle pointed directly at the deer, he looked off to the side. There, just between two tall pines, stood a striking young buck.

While fumbling for his rifle, Corey crunched a few leaves and nearly fell over. He quickly raised his head an inch or two, hearing Corey’s inexperience and treating it as if it were a warning of a natural predator. The buck’s ears flicked from side to side, like little periscopes, searching for any indication as to the direction that the noise had come from.

Corey winced at the sound of his own stupidity, and he looked to his father with hesitation. Frank let a small smile creep across his face and strengthened the grip he had on Corey’s shoulder. Frank seemed to speak through the touch, and Corey heard his father’s words in his head.

*Patience, boy. He can’t see you. He can’t smell you. But he can feel your energy.*

*Quiet, now. Wait for your shot.*

*Patience...*

The silence was deafening.

# PATIENCE IS KEY





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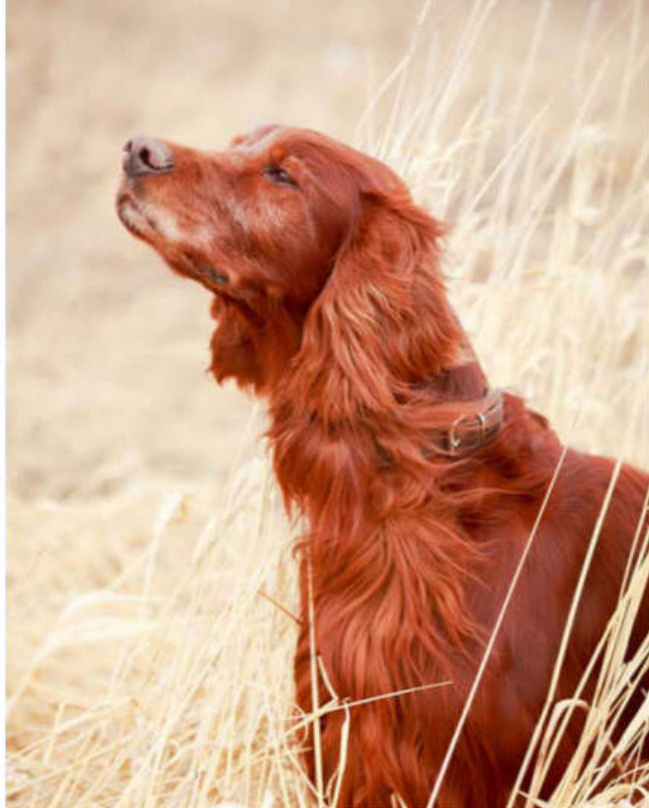
The summer months are usually filled with family gatherings and cookouts. Maybe we fix that gutter that's been hanging off the side of the house for a while, or maybe we're taking a vacation with the kids once they get let out of school. Some of us are just enjoying the weather, taking afternoon naps in the sun, and others continue to work through the entire season.

While summer is fantastic, as hunters, we are only biding time until fall and winter approach. We'll take a trip out to ambush squirrels, and maybe even hunt a hog, but when the leaves start changing color, we are already planning on bagging a turkey for Thanksgiving dinner, and not from the grocery store, either.

Depending on where you live, hunting season is approaching fast, or is already open. Whether you are gearing up for a prize buck or looking to bag a turkey and a few rabbits, the skill set you have developed has been polished with years of experience and personal preference. Many of us rely on tricks we've learned over time, as well as word of mouth from mentors and friends.

According to many expert hunters and outdoorsmen, there are several important factors that separate the boys from the men. We have done some research to find out just what these things are, and put together a detailed set of tactics to ensure that your hunt goes exactly the way you want it to.

The first (and maybe the most important) thing to remember is, **"easy does it."** Patience is key, especially when



waiting for that perfect moment to make a kill. A lot of us lack a higher level of patience, and we move on before we should, thus missing our window of opportunity. The secret tactic behind tagging your intended target is to spend more time waiting, and less time moving through the land.

Animals rely on keen sensory variations to protect themselves, find food, and even breed. Their hearing, smell and sight are all highly adapted for their environment, and you have to remember that you are in their "neck of the woods," so to speak. They






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know the area much better than you do, which gives them the advantage as far as staying invisible goes. Relax, take your time, practice your aim through the proper scope, and hold out for as long as you can before moving on. If you move, they will move, too.

Knowing that an animal's sense of smell is incredibly sharp, **you will need to hide your scent.** According to several different experts, the use of gloves, such as the surgical ones Frank used, are ideal for hiding your scent. The oils on your hands are left behind on things like trees and branches as you move through the land, and almost every species will pick up on that. Masking your scent with approved scent products, as well as making sure that your clothing hasn't been washed in scented detergent, etc., can really help you to travel through the woods undetected.

**Study the area** in which you will be hunting. Even if you are venturing through familiar territory, it still doesn't hurt to stay up to date on possible weather changes, new embankments or cut-off points, and other environmental factors that could hinder your ability to bring home that dream trophy.

Once you have done your research, be sure to **bring a map** with you. Pay attention to points of interest and certain landmarks, whether that be a rock that looks like a boot, or an old mining tunnel. Knowing in which direction you were headed when spotting these things, and how far away you were from your base when you reached them, will help to guide you back, should you become lost.

It is a hunting trip, so most of your gear is going to consist of weapons and ammo, a tree stand, and food and water for the day. However, it is highly recommended by the experts that you **pack some extra equipment**, such as

a small first-aid kit, at least one extra day's worth of food and water, as well as a flare and/or GPS tracker. Hundreds of people per year get lost in the wilderness, and the last thing you want to do is end up living out your remaining days like a contestant on *Survivor*.

When hunting a buck, **try using buck scent.** Bucks are territorial, and while it may not make much sense to them to go after a female scent outside of breeding season, they will not hesitate to protect their turf against an outsider. Buck scents are relatively popular and this method has had much success over the years.





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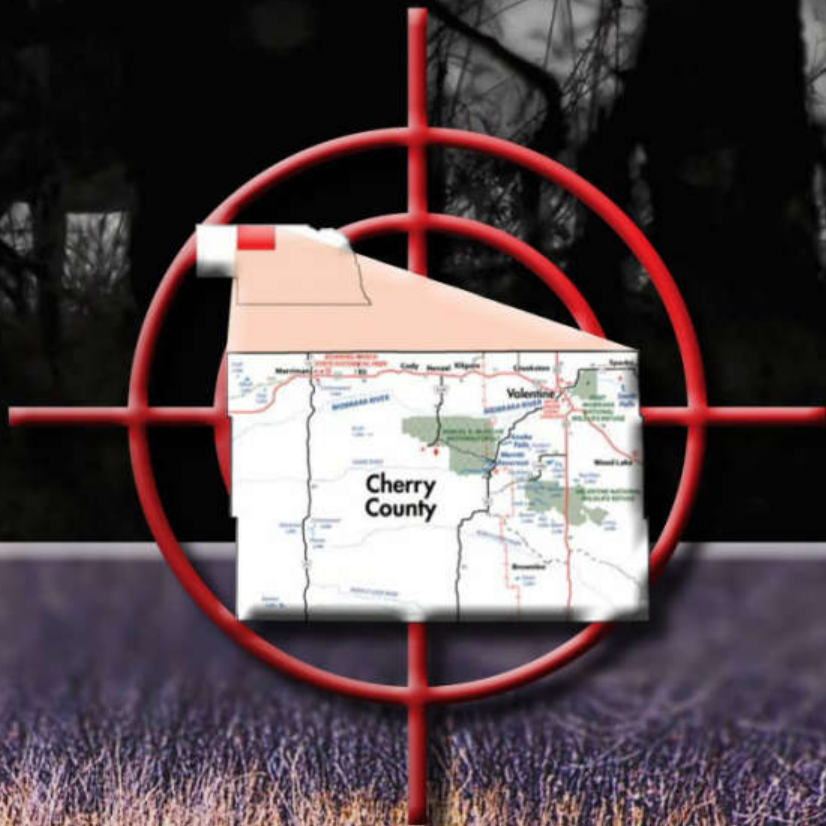


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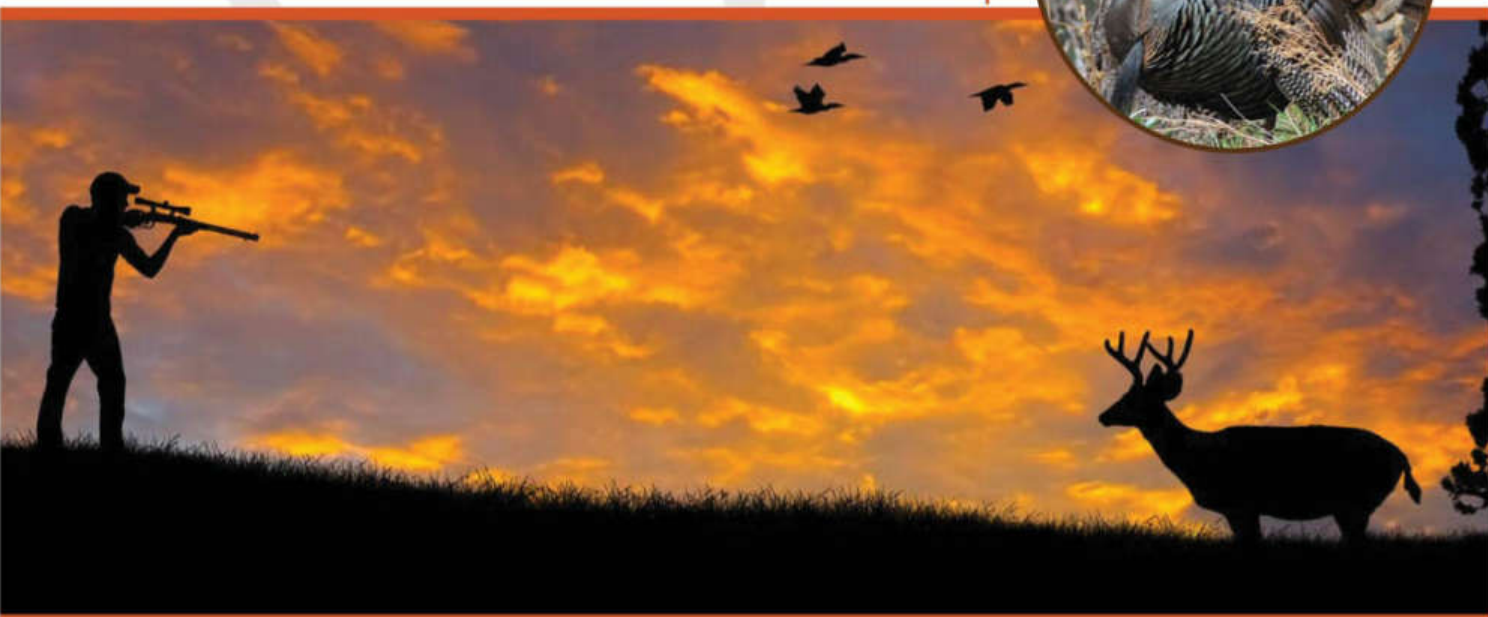
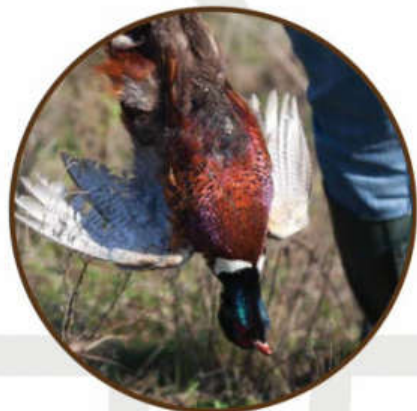


**Don't fall for the fake-out.** Sometimes, you will notice when you have made contact with your target that the animal will instantly drop to the ground, making you think you are the best shot ever. As you lower your weapon and begin to approach your kill, suddenly the animal leaps up and lunges into the forest. Now, you are stuck chasing a wounded animal all through the woods in a loopy, confused pattern, often times losing track of them and leaving a suffering, wounded animal for the wolves. Take an extra moment and keep your aim steady. The initial shock to the animal will wear off after a few seconds, and if they are not fatally injured, they will make use of the “fight-or-flight” concept. You'll be aware of this and your second shot will most likely be the one that takes the animal down for good.

**Do not poke your kill to check its condition,** either. Once you are sure the target is down, you will want to make your way to it as quickly as possible. Excited hunters have run up to a moose or a buck they have taken down, thinking that they are immobilized, and have ended up injured once the animal jumps up after the hunter has gotten too close. Instead, make noise from a safe distance, or toss a stick in its direction. Any sudden close movement will jar the animal out of its “play dead” state, and you'll be able to take a shot from a good ways away.

**Spend ample time with your game calls.** Usually, when we find a call we like (and one that works), we stick with it. However, if you have recently purchased a new game call, spend a few days practicing with it before you take it out on your hunt. Most animals will come running after a good call is made, but you also want to give them time to get to your site. If you run through the woods making sporadic calls, your target will know something is up.

Pay attention to the wind. This is another very important tactic, especially when predator hunting. Predators use wind direction for everything, from stalking prey to running their boundaries. Whitetails also use their noses to





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follow what the wind picks up. Become the animal, in a sense, and **track the wind's direction** by constantly checking it. You can use the old trick of wetting your finger and sticking it in the air, or you can try a high-tech gadget to test the direction. Even throwing a bit of talc powder in the air around the radius of your property will work. Stay with the wind when moving as well. Moving downwind will increase your chances of finding your target faster, as they will most likely be moving in the same direction. Sometimes, in order to be the predator, you will have to think like the prey.

**Wear protective gear at all times.** This may seem like a basic rule of thumb, but a lot of hunters take for granted the usefulness of protection. A vest, a cap, gloves, and a pair of sturdy boots are a necessity and will save your life in several ways. A true hunter never leaves home for a hunt without these items.

Sometimes it's good to move around, usually when hunting smaller game. Rabbits, grouse, turkeys and other birds, as well as raccoons and squirrels are all animals that will change patterns, move sporadically, and quickly switch tasks to find food. **Do not camp out** and wait for these types of game (unless you are flushing or ambushing them). Instead, stop for a few minutes, use your game calls, and then move on. Keep yourself within a mile or so radius while moving around, and you will notice these animals will close in from all directions. After that, it is up to you to start the bag count!

Be sure to **check when hunting season opens** in your area, as these seasons can vary by state, and even from county to county. The method in which you hunt game will also be regulated. For example, you may only be able to use a muzzleloader for a certain period of time. The use of crossbows and compound bows is regulated as well and almost always overlaps the seasonal periods in which modern firearms (rifles, shotguns,





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hand guns) are allowed. However, stay on top of your area's guidelines, or you'll end up paying a hefty fine and may even have your hunting license revoked.

Open seasons usually vary in length as well, depending on the overall population of a certain species, and the nature of their breeding habits. **Tags will need to be purchased** for larger game, such as bears, elk, and deer. Tag prices will depend on the area and the type of game. For more expensive trophies, such as grizzlies and moose, you'll probably want to purchase a hunting package at a lodge, where you will be able to hunt on private property with a guide, and where your kill will be properly handled after the hunt.

Whether you are just starting out, or you have been hunting for years, there are always new things that can be learned and plenty of new gadgets and products to try out. Find what works for you and stick with it. Remember, there are no "right" ways to get the job done, just preferred methods of doing it.

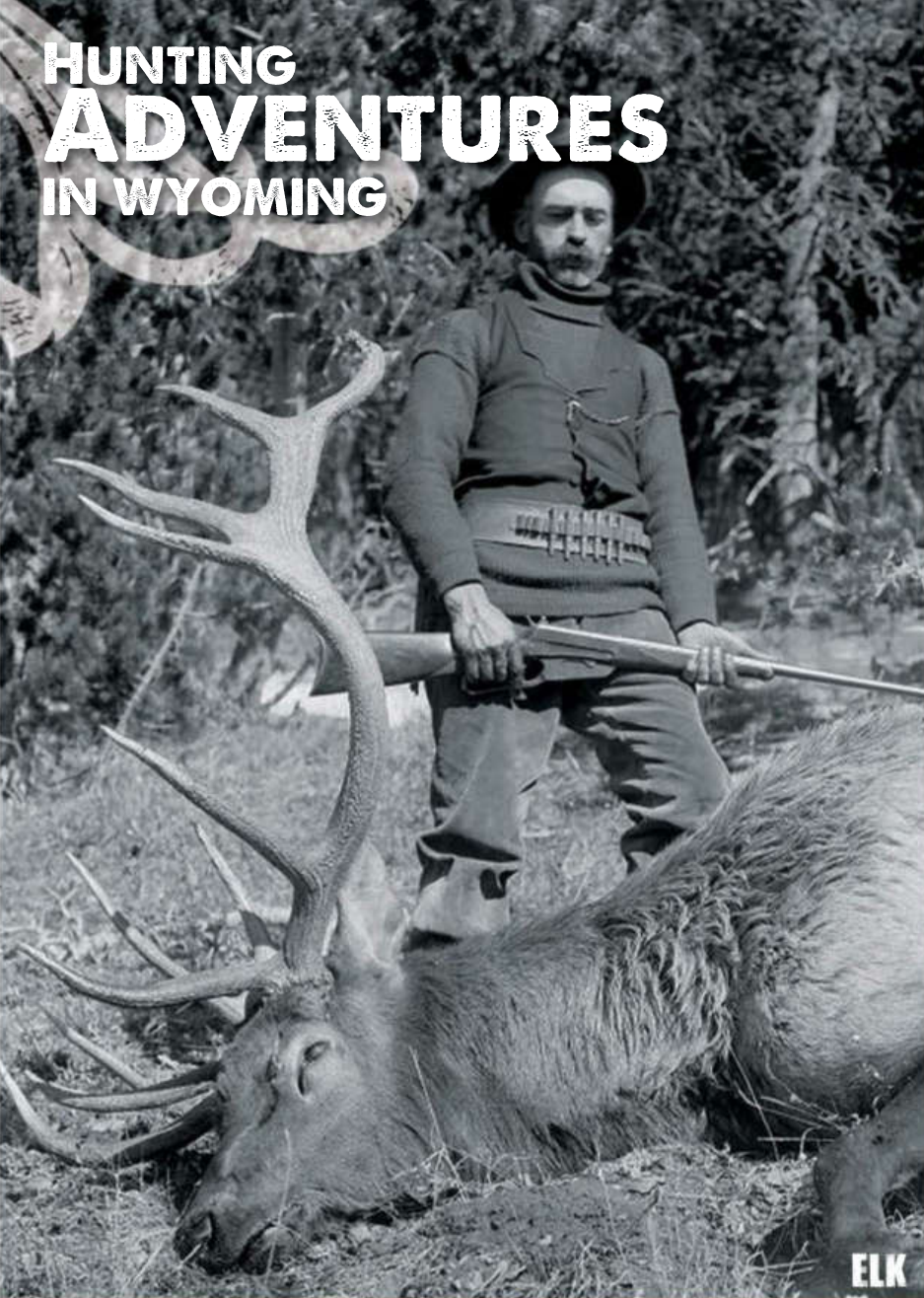
So, when you are out on your next hunting adventure, try these useful tactics. Not only will they provide you with newfound knowledge, but they will offer up a variation from your normal trip, making this hunting season an unforgettable one. If you already utilize all of these tricks, then try switching up properties to make it interesting. Hunt something you have never hunted before.

**Challenge yourself, push your abilities to the limit, and never give up on your goal. We all have it in us to be an expert hunter, it's just about mastering the skills necessary to become one.**





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The background of the entire page is a photograph of a river or stream flowing through a wooded area. The water is dark and reflects the surrounding trees. A fishing lure is visible at the top left, with a line extending across the water towards the right. The title is overlaid on a dark red banner at the top.

# AN ANGLER'S GUIDE

## TO THE ULTIMATE FISHING TOUR

With the winter months approaching, most fisherman know that there can be just an excellent variety of game fish to reel in as there would be in the summer months. Even after the Salmon Run passes in the fall and the spring brings new life, anglers all over the country will still have a great chance of catching a big brown or a massive rainbow trout. The options are plentiful. The question to be asked is not, "What can we catch?" but, "Where can we catch it?"









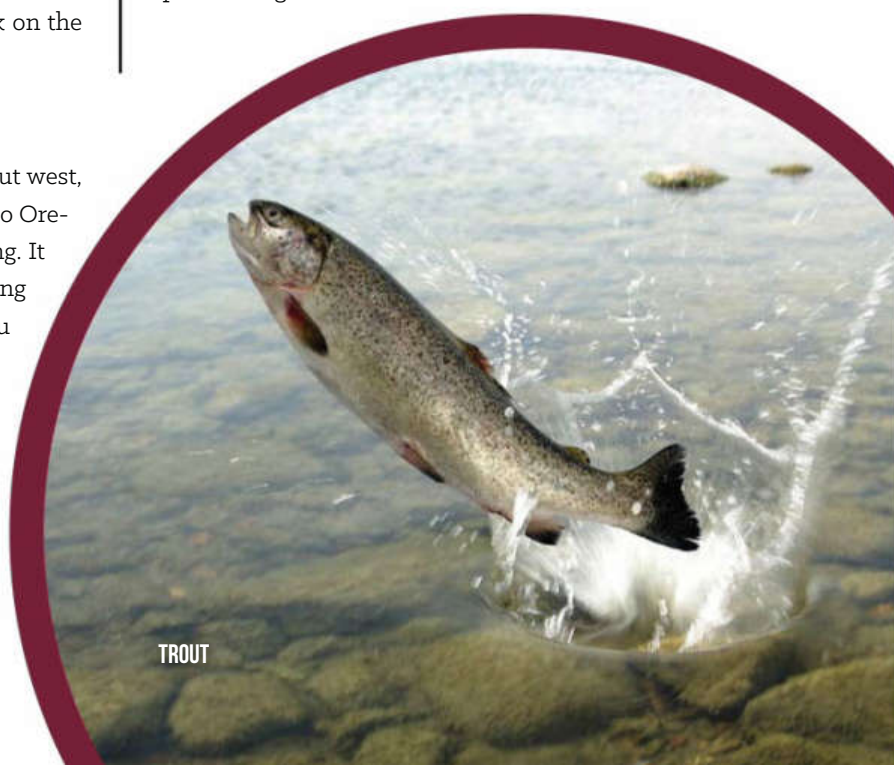
SNAKE RIVER

**T**ake a trip with us across the country, where we will be exploring beautiful bodies of water, such as the Lake Texoma and the Savannah River, all of which are chock-full of the best fish around. While some may be catch-and-release only, many species will be within your reach to filet and grill, or poach, or bake. Enjoy your fresh catch by the lakeside, or take it home to share a meal with the family. Either way, we've got you covered, so pack up your gear and grab your rod, hang the "Gone Fishing" sign above your door, and embark on the ultimate fishing tour with us!

## SNAKE RIVER

Let's start on the banks of the Snake River. Way out west, the Snake River runs through Washington, down to Oregon, into Idaho, and winds all the way to Wyoming. It is one of the major rivers of the Northwest, ranging at over 1,000 miles long. Along the Snake River, you can expect to catch smallmouth bass, sturgeon, catfish, trout, and steelhead. Access Hells Canyon Dam through Oregon for a chance to reel in bass and catfish. For rainbow trout, travel 10-20 miles downstream. Rainbow trout here are plentiful and average around 20 full inches. In the winter months, you can expect a snag from

a steelhead, and you may even hook a sturgeon, though they are catch-and-release here. For anglers, catch-and-release is not a problem, especially with sturgeon, as they put up a great fight and make for an interesting day in the sport. The scenery provides an excellent backdrop for anglers as well, especially in the gorge of Hells Canyon, where rapids rush through the Blue Mountains and steep drops bring a rugged feel to the area. It is a pure stretch, untouched and untamed, perfect for sport fishing.



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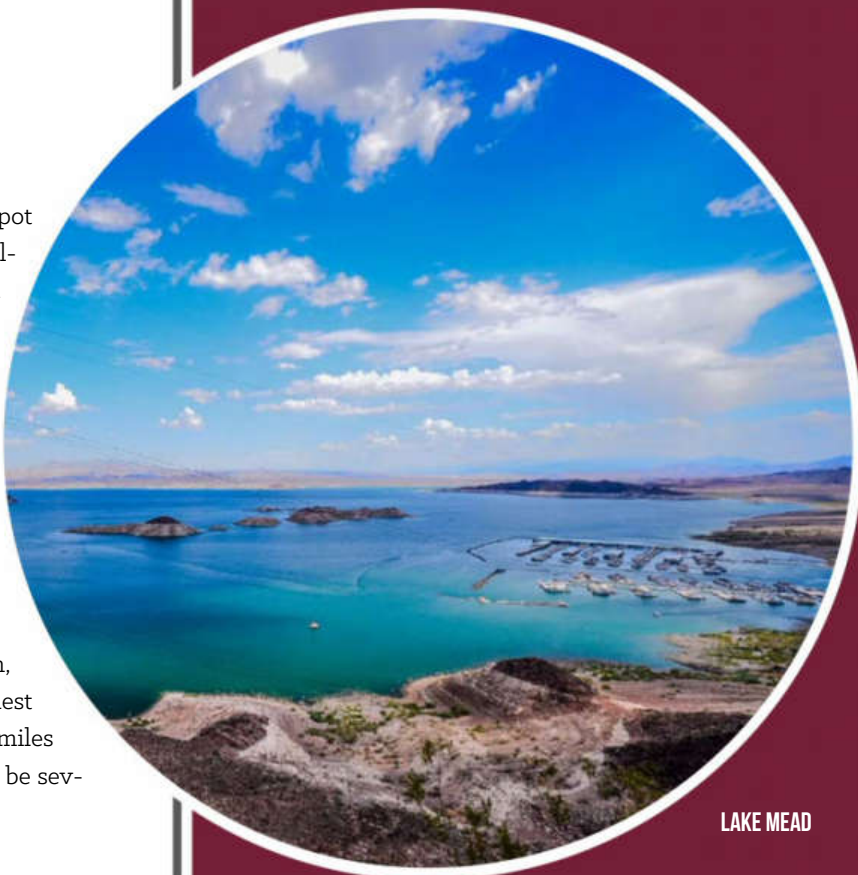


## LAKE MEAD

Traveling further south just a bit, the next hot spot on the tour is the Lake Mead, which is on the Colorado River. Lake Mead borders Arizona and Nevada, and offers up some of the best fishing waters for year-round excursions. Here, you can expect to catch exceptionally-sized crappie in the wintertime, at depths of 20+ feet. To catch a prized crappie here, you'll want to do your angling near the cliffs, as the fish circle the perimeters. Largemouth and striped bass numbers will climb as early spring hits, making Lake Mead perfect for reeling in a game fish of this nature. Bluegills are also common, and grow to be more than 10 inches! The easiest way to access Lake Mead is to travel 20 or so miles away from the Las Vegas strip, where there will be several roads that offer direct access to the shores.

## TOLEDO BEND RESERVOIR

Head east and you'll run into the Toledo Bend Reservoir. It is located on the Sabine River at the Texas and Louisiana border. The Toledo Bend Reservoir is one of the largest man-made bodies of water in the United States. Why go fishing in a man-made lake? Due to local fisheries, the habitat has been created to provide a plethora of different species of fish for anglers. There are over 20 species of game fish within the reservoir, including



LAKE MEAD

gar, catfish, bass, crappie, perch and suckers. The Toledo Bend Reservoir is perhaps known best for its bass fishing. Stay at the river channel and the creek bends and banks for a higher chance of catching the bigger, more lethargic bass. Striped bass and largemouth bass are perhaps the most popular, but you'll find the beautiful spotted bass and white bass here, too.



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## LAKE TEXOMA

Next, let us travel to the famous Lake Texoma. Lake Texoma, or “Texomaland,” is known for its striped bass, which have proven year after year to reproduce without interruption, even though they’re in an inland body of water. While the lake is populated heavily with stripers, there is a wide selection to reel in, from crappie and gar, to blue catfish and paddlefish. There are more than 50 different species for angling. You’ll find that Lake Texoma (named fittingly) is nestled on the Red River, in between the border of Texas and Oklahoma. It has millions of visitors each year due to its popularity within the fishing community, and is very well known among professional anglers. You’ll be able to fish here year-round without worry, so be sure to add Texomaland to your itinerary.

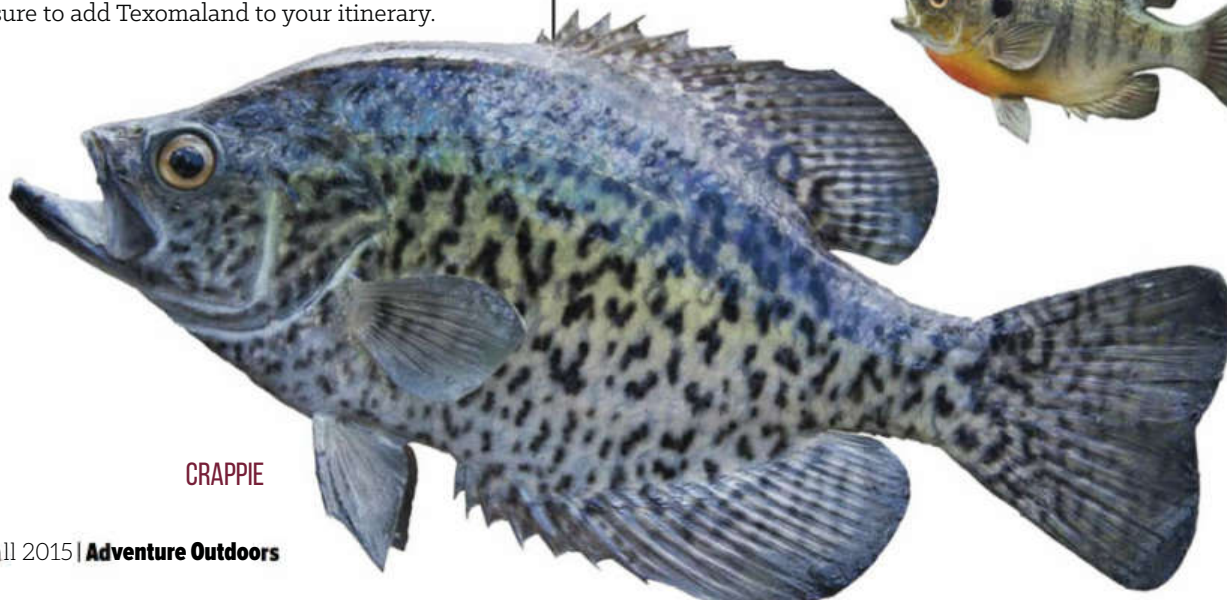
## WHITE RIVER

Head north toward the Midwest for bass fishing in the White River. A smaller body of water, the White River is just over 300 miles long, stretching through Indiana and forking off into the Wabash River. The river is overflowing with large and smallmouth bass, as well as bluegills, all of which are mature. The River winds through several state parks, including the White River State Park in Indianapolis. Many parts of the river are not deep enough for boating, therefore fly fishing and wading from the banks are popular options.

BLUEGILL



CRAPPIE





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## LITTLE TENNESSEE RIVER

Head straight down from the White River into Tennessee for a southern experience along the Little Tennessee River. The Little Tennessee River (compared to its large brother, the Tennessee River) is a tributary that ranges just over a 100 mile stretch. The Little Tennessee River is tucked away in the Blue Ridge Mountains, weaving through the Carolinas and into Georgia as well. What makes the Little Tennessee River so special is the surrounding area that it is nestled into. There is a rich history within the Appalachia, and the Blue Ridge Mountains that the river flows through are a popular tourist attraction. Within the river, expect to reel in walleye, brown and rainbow trout, muskie, small and largemouth bass, and carp. According to written documentation from the Smithsonian Institution, "[the Little Tennessee River] was undoubtedly the most interesting archaeological section in the entire Appalachian district." The land will provide anglers with a challenge, and the terrain, while rough, is spectacular and perfect for wade fishing.

## SAVANNAH RIVER

Head to the far corner of the southeastern region of the United States to catch prize-winning game fish in the Savannah River. The Savannah is a major river in the region, and outlines the majority of the border between Georgia and South Carolina. The river is just over 300 miles long, and drains into the Atlantic Ocean. White catfish fishing is excellent along the Savannah River,


and if you're looking to catch a massive 20lb striper, odds are you'll hook one here. Red-ear sunfish and bluegills are also very popular in these waters. Temperatures will warm up and naturally bring a greater abundance of these species, but the early months (January-February) are proving to be just as successful. The larger fish have been found mostly in the upper estuary, so if you're an angler fishing for sport, stay in this area.

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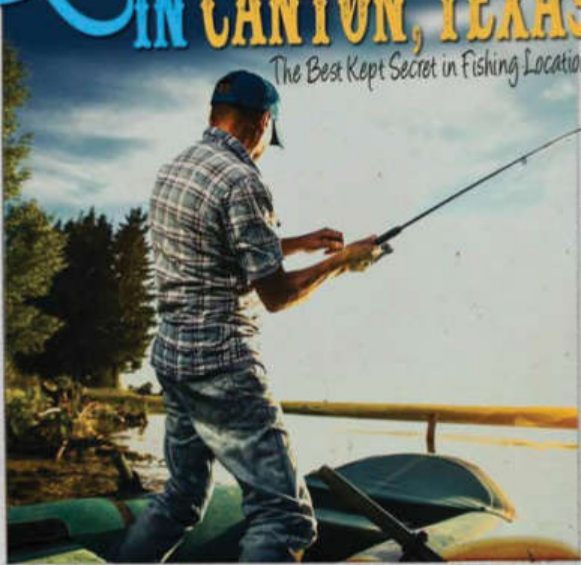
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Whether you're looking to get away for a weekend or make the full tour across the states, these locations are without a doubt the best waters for year-round, and winter fishing.

Take some time out to plan your tour accordingly, based off of what bodies of water you haven't fished in yet, or which ones you would like to revisit. Professional anglers scour these waters for massive trophy fish, and you can be there casting and reeling, right alongside the best.

Be sure to obtain the proper fishing licenses, such as the one you will need if you are fishing on Lake Texoma, which is a border lake. If you are going to stay on the Oklahoma side, you will need an Oklahoma license, and for the Texas side, vice versa. To make it easier, when fishing along borders, acquire the specific license needed to legally fish in that entire body of water. No matter what side you end up on, you'll be completely legitimate and good to go.

The winter months are great for freshwater fishing, and we like to think that "any time is fishing time." So, for year-round fun, plan accordingly and make a trip that will be worth your while by visiting these popular places. You won't want to miss out on the action!



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Photo courtesy of Jason Mitchell Outdoors

***Check out great walleye fishing in South Dakota's Glacial Lakes @ [www.youtube.com/sdglaciallakes](http://www.youtube.com/sdglaciallakes)***



## A MESSAGE FROM TENNESSEE UNCHARTED HOST, ERICK BAKER:

I think we can all agree that today's TV isn't what it used to be. How is it possible, with literally thousands of shows to watch, I often hear myself saying, "There is nothing on TV." Well my friends, allow me to offer a glimmer of flickering, blue light against the dark; because even though TV isn't what it used to be, TWRA's new television show, Tennessee Uncharted, is full of reasons for proud Tennesseans to celebrate today's TV.

I've lived in Tennessee my entire life; however, over the last decade, touring the world as a singer songwriter, I've only seen it passing by through a windshield. As the host of Tennessee Uncharted, I'm getting the opportunity to rediscover how great my home state is, one outdoor adventure at a time.

We've had 2:30 a.m. wake up calls and 20 hour filming days. We've been covered in mud and crawling with ticks. We've sent our cameramen rafting backwards down class 5 rapids and done interviews 2500 feet in the air. And everyday, I give thanks to be part of the amazing team that makes this show possible.

Before I started working on this show, I didn't really know everything that TWRA does for our state. What I've seen is that the men and women of TWRA are just like you and me. Beyond the badge and the uniform are committed and compassionate people working to make our state better. Thanks to people like TWRA, our unparalleled resources are here for the use, benefit, and enjoyment of not only Tennesseans but its visitors as well. So turn off your TV (after watching Tennessee Uncharted of course) and take it outside. Because it's your stories that will help continue the history and heritage of Tennessee's outdoors for the next generation.





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HOSTED BY  
ERICK BAKER

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# **COMFORT** CHECKLIST

Crucial Items for Camping in Colder Weather





**G**oing on a camping trip during the colder months can be an amazing adventure. If you go unprepared, however, it can be a troublesome and even life-threatening experience. Camping in colder weather calls for a lot more gear, thorough preparation, and a basic knowledge of the environmental factors.



**W**inter campouts mean no bugs, less crowds, and unparalleled beauty, making the later seasons ideal for camping enthusiasts and nature lovers. While you may not need to pack a swimsuit and insect repellent, you will need a variety of winter equipment to keep you comfortable, especially extra layers of clothing and a durable, insulated tent. Make sure you have got all you need before heading out, so that your time spent in the wilderness is enjoyable in all the best ways.

Assuming that you have already acquired the basic equipment for any camping trip, such as a compass and a map (and that tent!), we have compiled a list of other essentials needed specifically for camping in colder weather. Obtain this gear and completely prepare yourself in order to thoroughly enjoy the experience.

## ☐ **WATERPROOF EVERYTHING**

You will need a waterproof jacket and pants set, similar to a tracksuit, to keep you warm and dry. If snow or rain should penetrate your outer layers, you will still have vital insulation. Waterproof boots are a plus as well, being that you will most likely be trekking through snow. Make sure you have waterproof pack as well. Use that to keep all of your extra garments safe and dry.

## ☐ **METAL TRAY**

This can be the metal lid from a garbage can, an old metal sled, or a specialized fire tray, but regardless, you will need a foundation to build a lasting campfire on cold, wet ground. Place the tray on the ground, lip side up, and build your fire up on the tray. The metal bottom will provide added heat as well.

## ☐ **GOGGLES AND SUNGLASSES**

Sunglasses in winter? Goggles out of water? Yes. Not only do they protect you from foreign objects and the sun's rays, but they will keep the wind from penetrating your vision and drying your eyes out as well. Also, it doesn't hurt to bring eye-drops along, to keep your eyes moist.

## ☐ **FIRE-STARTING KIT**

This is very important! A basic fire kit should contain waterproof matches and/or a lighter, as well as kindling, and fire-steel. This entire kit should be stored in a waterproof container, and keep extra waterproof matches in your pocket, just in case you lose the kit. If, for some reason, you get caught in a situation where all you have to survive is what is on your person, you'll want to make sure a way to start a fire is on you at all times.





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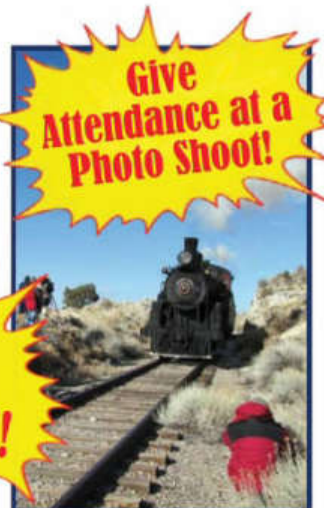
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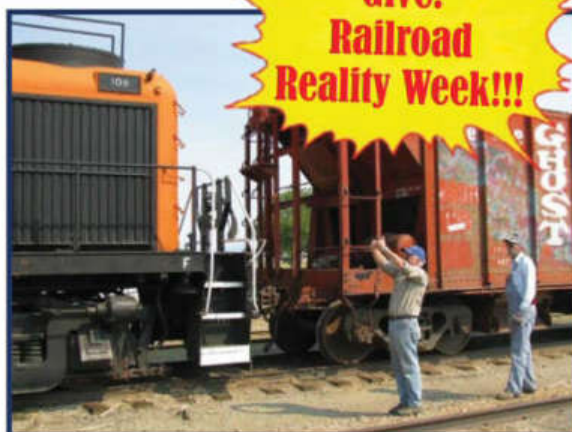
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## ☐ ICE PICK OR AXE

If you are camping in a true winter environment, you will need these tools. You won't be asking "why" when you are stuck trying to find a water source and you come across a frozen creek or lake. Ice picks can help you get through dense snow and help to penetrate ice to reach drinkable water. You may also need it to help clear brush.

## ☐ INSULATED SLEEPING BAG

Because, it's cold out there! With your insulated tent and a good sleeping bag, you will increase your body's ability to rest to its full potential, providing you with a great amount of energy needed for high-endurance exercise.

## ☐ INFLATABLE FOAM MATTRESS & TARP

If you are camping for an extended period of time, or in temperatures that are lower than 30°F, you are going to want to raise yourself up off of the ground. Lay out the tarp and place the inflatable sleeper on top. This will provide maximum insulation and keep you well-rested, which you will need to be! The tarp alone will help to insulate the floor of your tent as well, and lock in necessary heat.

## ☐ SMALL SNOW SHOVEL

This will help when setting up your camp. You will be able to shovel out a small enclosure in the snow, which will provide protection (creating a boundary of sorts that will ward off most animals) and keep you dry as well. Your campfire should help in keeping the larger "wild things" away. Collapsible snow shovels are available and are convenient to carry as well.



## ☐ LIP BALM AND LOTION/MOISTURIZER

The last thing you want are your lips and hands so dry from the winter winds that they crack and bleed every time you move a muscle. Packing sunscreen is a good idea as well, as you will be under direct contact with the sun and outdoors at all times.





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## ☐ **PACKABLE COOKING SET**

Hot meals are going to be your friend, especially in the colder months. Make sure you have a collapsible pot to make soups, and a thermos to keep them warm for when you are traveling.

## ☐ **EXTRA FOOD SUPPLY**

You will want to pack energy drink packs, protein and nutrition bars, and at least one extra day's worth of meals for your journey. Should you become stranded (knock on wood!), you will need all the nutrients you can fit in your pack to get you through.



## ☐ **WATER FILTER**

You can only carry so much water with you, and if you are not at a designated campsite with a water source, you will have to find water the natural way. Having a filter handy will protect you from any infections due to bacteria or foreign particles.

## ☐ **DUCT TAPE**

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## ☐ **SOCKS**

Liner socks, wool socks, spare socks; bring them all! You will want to have at least 3-4 extra pairs. The most important thing to protect while camping and hiking through the wilderness are your feet. Keep toes dry and warm at all times for maximum agility.





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## ☐ LANTERN

Fires are good, but not always the safest or most convenient option. If you are hunting while camping, or trying to stay invisible otherwise, you will want a small battery-powered or solar-powered lantern that you can use as needed, without preparation and cleanup.



many times where outdoor enthusiasts have not made a checklist, or thought that they wouldn't need a certain item, and sure enough, they run into a situation in which that item left behind would have been extremely useful. Go over your equipment several times, check and recheck, to ensure that you have everything that you would possibly need to not only stay alive, but to stay comfortable.

Make sure friends back home know the campsite or area that you are going to be in, and check in with park rangers as well. Going camping in colder weather is a completely different experience than roasting marshmallows in the woods on a summer night. Plan accordingly, obtain the necessary gear, and you will stay safe, warm, and happy on your winter camping adventure!

Whether you are looking to go on an unforgettable excursion, or aiming for a more relaxing trip with the family, you will want to make sure you are prepared. Every camper should gear up to the max when it comes to putting themselves in the middle of the wilderness, as nature is unpredictable. There have been







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EDWARD MICHAEL  
“BEAR”





# GRYLLS



# Y

ou may know him from *Man vs. Wild*, but Edward Michael “Bear” Grylls is much more than just a television personality. Born in the UK, Bear started off learning martial arts, as well as how to climb and sail with his father at a young age. From there, Bear’s love for the wild skyrocketed, and he has been in the outdoor industry ever since.

Excelling in a variety of fields, including authoring fifteen books, becoming the youngest ever Chief Scout, and serving in the UK Military, Bear Grylls has accomplished more in a quarter of a lifetime than most can dream of. Bear broke his back in three places during a free-fall accident in Africa, and shortly after months of recovery, he became one of the youngest climbers ever to reach the top of Mount Everest. His determination, honed skill-set, and will to live a full life, has given Bear the ability to achieve any goal he sets for himself.

When Bear isn’t out exploring the world or filming, he’s off camera leading record-breaking expeditions that have raised millions of dollars for children’s charities all over the world. Currently, Bear has raised \$2.5 million dollars, and continues to be an influential aspect in young lives.

As if that weren’t enough, with his expert background and knowledge in almost every category dealing with nature, Bear was able to open up survival academies throughout the world, offering people the chance to



learn from his experiences. Within the academies, you’ll participate in activities such as building shelters, learning knife skills, first aid importance, zip lining, fire building, and more! The Bear Grylls Survival Academy has opened locations all across the UK, from North Wales to Dartmoor. There are courses available in Zimbabwe, as well as the Catskills Mountain region of New York State, Yosemite National Park of California, and Colorado. Joining in on one of the day courses will provide the ultimate learning experience and, while challenging, it will be an amazing, once-in-a-lifetime adventure.

Bear Grylls said, “The incredibly positive response we’ve received to date has been overwhelming and I’m thrilled to be able to expand the Bear Grylls Survival Academy into new territories and give more people the opportunity to learn potentially life-saving skills in beautiful and remote locations.”

Bear is all about teaching his fans everything they need to know when encountering the wild. As the host of several major series, including *Running Wild* and *The Island*, both on NBC, Bear has become one of the most watched survivalists, both in the UK and the United States.

Here at Adventure Outdoors, we had the opportunity to speak with Bear for this exclusive interview, in which he provides exceptionally detailed accounts regarding his accomplishments, and what it means to be an expert survivalist, television personality, and an all-around inspiration to outdoor enthusiasts everywhere.



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# EDWARD MICHAEL “BEAR” GRYLLS EXCLUSIVE INTERVIEW

**AO:** When did you first recognize your passion for nature?

**BG:** From a very young age, my father taught me to climb, but also that it was ok to have big dreams - and as a child my bedroom was covered in posters of Mount Everest. One day I vowed to climb the mountain somehow - an ambition my father and I nurtured together.

**AO:** You are particularly well known for starring in “Man vs. Wild,” where you survived in many different places under a variety of harsh conditions. If you could do a repeat episode, which location would you want to revisit and why?

**BG:** Greenland- a vast wilderness of unclimbed peaks and mind blowing terrain.

**AO:** Name your top three favorite locations you’ve been to while filming.

**BG:** 1. Greenland, where there are such huge expanses of genuine wilderness, totally unexplored; virgin peaks everywhere and a sense of awe that is hard to describe.

2. The Costa Rican jungle. The wildlife is so crazy diverse, from the killer to the beautiful! It really is such a privilege to get to explore jungles like this.

3. The Dolomites in Italy with their dramatic steep-sided peaks are mind blowing - steeped in WW1 & WW2 heritage as well- what a place to have had to fight, on those sheer vertical faces.

**AO:** Where does the nickname “Bear” come from?

**BG:** I was christened Eddie, that became Teddy, and that became Bear. Not very butch but there we go! I used to find it a bit awkward as a kid but it could have been worse, and since then it has always stuck, from teachers through to Sergeant-Majors in the Army.

**AO:** Has there ever been a time (while filming or not) where you were genuinely concerned about your safety or just plain worried that you wouldn’t make it?

**BG:** The reality is that there have been so many sticky situations over the years from being pinned in huge whitewater rapids, to falling down crevasses - as well as a whole host of narrow escapes with sharks, salt water crocodiles and being bitten by snakes.

Probably though, it was breaking my back in a freefall parachuting accident whilst serving with 21 SAS, which was the narrowest escape where I was told I potentially wouldn’t walk again...that long process of recovery for sure was one of the hardest times in my life.



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**AO:** “Running Wild” exhibits survival in remote locations with limited resources during a 48 hour period. What is the longest period of time you yourself have ever had to survive in a given location?

**BG:** Probably leading a small team in a little open boat through 3,000 miles of the ice strewn Arctic Ocean. A very humbling, and at times, scary expedition.

Or my combat survival course whilst in the SAS, which was brutal in winter with nothing but being hunted through the mountains by helicopters and dogs!

**AO:** You have accompanied extremely established celebrities such as Channing Tatum, Zac Efron and Tom Arnold for the filming of “Running Wild.” Who was the most fun to work with?

**BG:** This is a tricky question, everyone faces their own demons when they are out of their comfort zones, pushing themselves to the max! They are all heroes in my eyes, battling through the wild & putting themselves and their lives on the line beside me. Total respect..

**AO:** Can you recall a funny moment in “Running Wild,” such as the time you chased Deion Sanders with that snake?

**BG:** Channing Tatum described the scariest moment of his journey with me as when one of my testicles dropped out the bottom of my underpants when I was getting changed!

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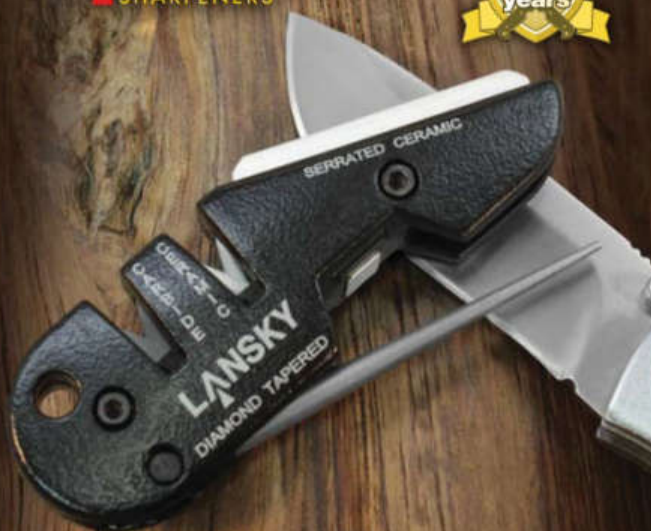
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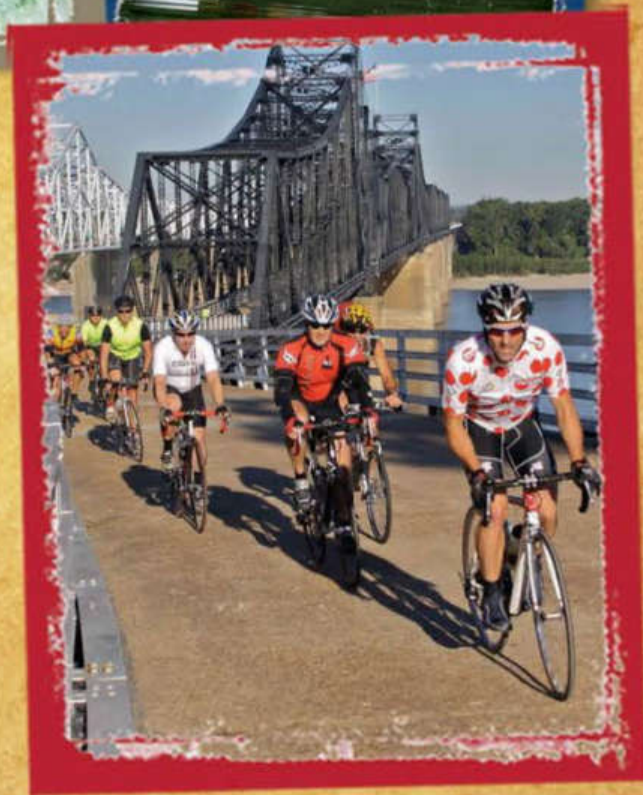
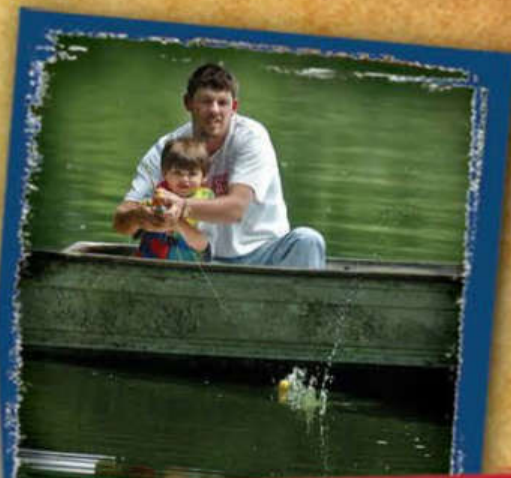


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**AO:** Out of all the wild animals you have encountered, can you name the ones that are the most intimidating?

**BG:** We've had a whole heap of narrow escapes with sharks, crocodiles and snakes but the salt water croc is the most fearsome, followed by puff adders as they are deadly but lazy and don't get out of your way like most snakes- they just wait and then bite you!

**AO:** Your accomplishments include being appointed youngest Chief Scout, authoring 15 books and raising millions of dollars for charities around the world. What are you most proud of today?

**BG:** Probably passing Selection for the SAS, the British Special Forces. It gave me a confidence at a young age that I could do well when it was tough and it also helped me engineer a lot of the specialist skills I use on the TV shows like the combat survival, climbing and skydiving.

Then climbing Everest where I became one of the youngest climbers ever to reach the summit. 4 climbers died on that expedition, and that is the dark side of these high mountains. It knocked my confidence down a lot.

Finally, probably leading a small team in a little open boat to travel 3,000 miles through the infamous, ice-strewn North West Passage.

**AO:** How has being a father changed your perspective as a survivalist? Are you more cautious or do you prefer to have them front and center, learning with you?

**BG:** Being active and embracing fresh challenges is what stimulates us to grow, in every sense. Risks are everywhere in life and if we don't teach our kids how to do 'risky' stuff safely, then we disempower them. Even just an hour spent body surfing in the waves if it is a rainy day makes you feel alive. Learning that when most people stay inside, can be the best time to get outside, actually teaches kids a key principle of following the path less trodden. It's about leading by example in how we approach life, pursue goals and make smart choices. The better our kids become at handling risks and avoiding their comfort zones, the better they will be at life.

**AO:** You have also achieved uncanny goals, such as hosting the highest open-air formal dinner party and rowing naked in a bathtub to raise money for a friend. Are there any other wildly captivating adventures you have in mind for the future?

**BG:** Through all my adventures, I have learned how big the world is- even when everyone tells us it is so small. I have so much I still want to do and there are still so many unexplored areas out there. Where do we begin!?





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**AO:** There is a Bear Gryll's Survival Academy that provides 24 hour adult and family courses with locations in the US, UK and Africa. Are those for everyone?

**BG:** The Bear Grylls Survival Academy teaches people the skills needed to survive in challenging situations. The courses are designed for everyone and teach people the skills needed to survive in challenging situations. They're going to be tough for everyone.

People learn everything from navigation, to river crossings and fire-lighting. It's a real variety that equips participants for any situation they may face. These courses are for anyone who wants to learn a bit more about themselves and what they are capable of, as well as have a challenging adventure.

**AO:** Within your survival academies, what does a typical day look like for a participant?

**BG:** Each of our academies are tailored to the participating age groups, to take them out of their comfort zones, teach them lifesaving survival skills and then putting those newly learned skills to the ultimate test as they run, jump, climb and swim their way back to safety! "It May Hurt a Little!"

**AO:** What are some tips you would give out to our readers pertaining to basic survival if stranded in the wilderness?

**BG:** My number one tip: When you're on an adventure out in the wilderness the most important thing you need to find is drinkable water. In this situation, if all else fails, as disgusting as it may seem, you can pee on an item of clothing, as this will absorb the liquid. This can help you to cool down your head, and at the same time provides a source of drinking water in a desperate situation.



**AO:** What is one thing you can't go without during a survivalist adventure?

**BG:** The three items which give you the basics for survival are the snare, the knife and the fire steel: to hunt food, make fire and carve tools for water collection. If I had to choose one it would be the knife. I have used it in every survival situation, in a diverse range of environments such as swamp, jungle, mountain and desert.

**AO:** One of your biggest dreams came true when you reached the summit of Mount Everest. Are there any other goals on your "bucket list?"

**BG:** There are hundreds of challenges still on my list I'd love to complete, but you'll have to wait and see for now!

**AO:** In your opinion, what are the skills and equipment every outdoorsmen must possess?

**BG:** Survival is not just about knowledge and skills, it's just as much about positivity, resourcefulness, courage and, above all, determination. Another key thing to remember is that fear is good. Always better to face the demons and conquer them head on. Our fears are definitely there to serve as a reminder to avoid complacency, to tread carefully, and to get things right, every time. But it's also good to remember that without fear there can be no bravery.

If I had to choose one single most important piece of survival equipment would be a great outdoor knife. In the wild it opens up so many options...

But, almost more importantly, develop that fire inside- that determination never to give up and never give in. That's the heart of survival.

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## HOW TO SURVIVE A NATURAL DISASTER

**M**ost of us will come prepared when venturing out into the wild. If we're going on a camping trip, we'll make sure we have plenty of food and supplies. When we plan for a day hike, we wear good boots and bring a walking stick. If we have just left for a hunting trip, there will be more than enough ammunition in our packs.

We don't, however, always come prepared for the completely unexpected. Natural disasters are becoming increasingly deadly, and happening more frequently in the past 30-50 years than ever before. Billions of people have been affected by the horrors, such as floods, tsunamis, fires, severe storms, and more. Obscene amounts of money have been spent on rebuilding communities, providing insurance on homes and properties, and creating temporary shelters and resources for all those affected.

For outdoor enthusiasts, it is very important to be completely protected from and prepared for the worst. You

should never leave home without a first-aid kit and a survival pack, just in case. You never know what may occur, or when disaster will strike, so staying one step ahead will benefit you tremendously, should you ever come face to face with nature's fury.

There are several disasters that are becoming more and more common within recent years. These include blizzards (ice and snow storms), avalanches, wildfires, and floods. Here, you'll find a comprehensive guide on how to fully prepare yourself for these common terrors, and what to do if you get stuck in the midst of one.

### WILDFIRE

Wildfires are highly dangerous, and most of them happen in rural areas of widespread, untouched wilderness. Unfortunately, wildfires are almost always started by humans, though unintentionally. Dry grasses and trees, a gust of strong wind, and a heat source as small as a half-smoked cigarette or the dying embers of a campfire, can cause hundreds of acres to burn to the ground within minutes. Even a bolt of lightning or heat from the sun can cause a wildfire.





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Prepare yourself for this disaster by noting where the nearest water source is, and how far you are from it. The ideal form of protection would be to get in the water. If possible (and you have enough water on hand) try to drench yourself and cover up in damp underbrush. Lay face first in the ground and cover your mouth and nose with an article of clothing to prevent the inhalation of smoke. Outrunning wildfires are very hard to do and you'll spend all of your needed energy passing up on possible places to wait out the blaze. If you're able to find a ditch or a depression in the ground, remove as much fuel (grasses, leaves, twigs and dry branches, etc.) from the area as you can and dig into the damp ground. Pack a collapsible shovel or multi-tool to help you dig and remove brush quickly. If you are on a mountain or a hillside, get to the back. You want the flames to travel over you (and the mountain), rather than toward you. Seek shelter under a cliff or a large rock and again, curl up or lay with your face down. Coming prepared with things like masks and extra water bottles aren't always doable, but in a sticky situation, these methods will increase your chance for survival.



## BLIZZARD OR SNOWSTORM

With the winter months approaching, cold weather disasters will come along, too, such as a blizzard or a "snowstorm." If you live in the regions where you're expecting some snow or ice, never leave home without an extra layer or two of clothing. A spare pair of gloves and socks to keep on your person is always good to have, along with protein bars and energy mixes. If you're camping in the winter, for example, and your site starts to experience a heavy snowfall, you'll want to make sure that you've got enough preserved food to

hold you through a few days of rough weather. Keep yourself energized, as your body will stay "awake" and your blood will continue to flow properly.

Staying hydrated is perhaps the most important thing. A lack of proper hydration will significantly increase your chances of catching hypothermia and frostbite. This does not mean you should eat snow. While snow will provide water, the coldness of it will drop your core body temperature.



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## SURVIVAL & SAFETY

which will naturally also open the door for hypothermia. Instead, carry with you a container to pack snow into, then melt it with your body heat or breath. Once it's melted, you can drink it without worry. If you're stuck outside and completely alone during a blizzard, do your best to find some form of shelter. With strong, icy winds, you'll lose stamina at a rapid pace, so it's best to protect yourself from the harsh air.

### AVALANCHE

Another common winter disaster is the infamous avalanche. Over half of all avalanches are caused by humans, mainly winter sport enthusiasts, such as snowmobilers, skiers, and snowboarders. The snowmobiles themselves are heavy pieces of machinery, so when traveling over the snowpack, it is much more likely that the weight of the snowmobile will cause a soft spot to collapse. While there will be times where you cannot help being in the midst of an avalanche, there are tools and forecasts that will help you to stay updated on the conditions for the day.

The best thing to do to avoid an avalanche disaster is to steer clear of any snow-covered mountains. As outdoor enthusiasts, however, that is an impossible thing to ask. Therefore, you should carry the equipment necessary to survive at all times. These items include, but are not limited to: avalanche probes or poles, a collapsible shovel, ski floats or airbags, and a transceiver (GPS tracking device). Never scale the mountains alone. For some of you daredevils out there, the "buddy system" may sound childish, but you'll wish you had a friend to track you once you're buried under ten feet of densely packed snow.



If you happen to be in the path of a sudden oncoming avalanche, try to move uphill and to the side, in order to avoid the pile up. You will not be able to outrun it, so don't even try. Just get to the side as quickly as you can to avoid the center, where the snow will be at its deepest. If you're getting closed in on, drop your equipment and move like lightning. Your equipment is great and all, but it will slow you down and eventually, when you're buried, it will sink you deeper. If there are trees around, grab onto one. This is easier said than done, but it will possibly save your life if you can manage to scramble up into a branch quick enough. Once the snow takes you out, try the "swimming" method, with your face towards the sky, and backstroke uphill and to the side. This will force the rush of snow around your limbs, keeping you closer to the surface. If you swim with the snow, you'll get swept right into the center, and even in three feet of it, once it settles, will be impossible to get out of alone.

If you're getting buried, don't panic. Don't panic?! Of course it sounds absurd, but try to relax your body and your breathing to conserve energy and oxygen. The more you strain, the deeper you'll sink, and the





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heavier your breathing gets, the more oxygen you'll waste. As soon as you're under, dig a small pocket with your hand or a shovel. If you feel yourself sinking, stop digging. The pocket needs to be just big enough for a softball to fit in, and this will provide an extra 30-60 minutes worth of oxygen for you to breathe. With the transceiver handy, even if you had to drop it while running, you'll be found much faster, as rescuers will be able to pinpoint an approximate radius of your location.

## FLOOD

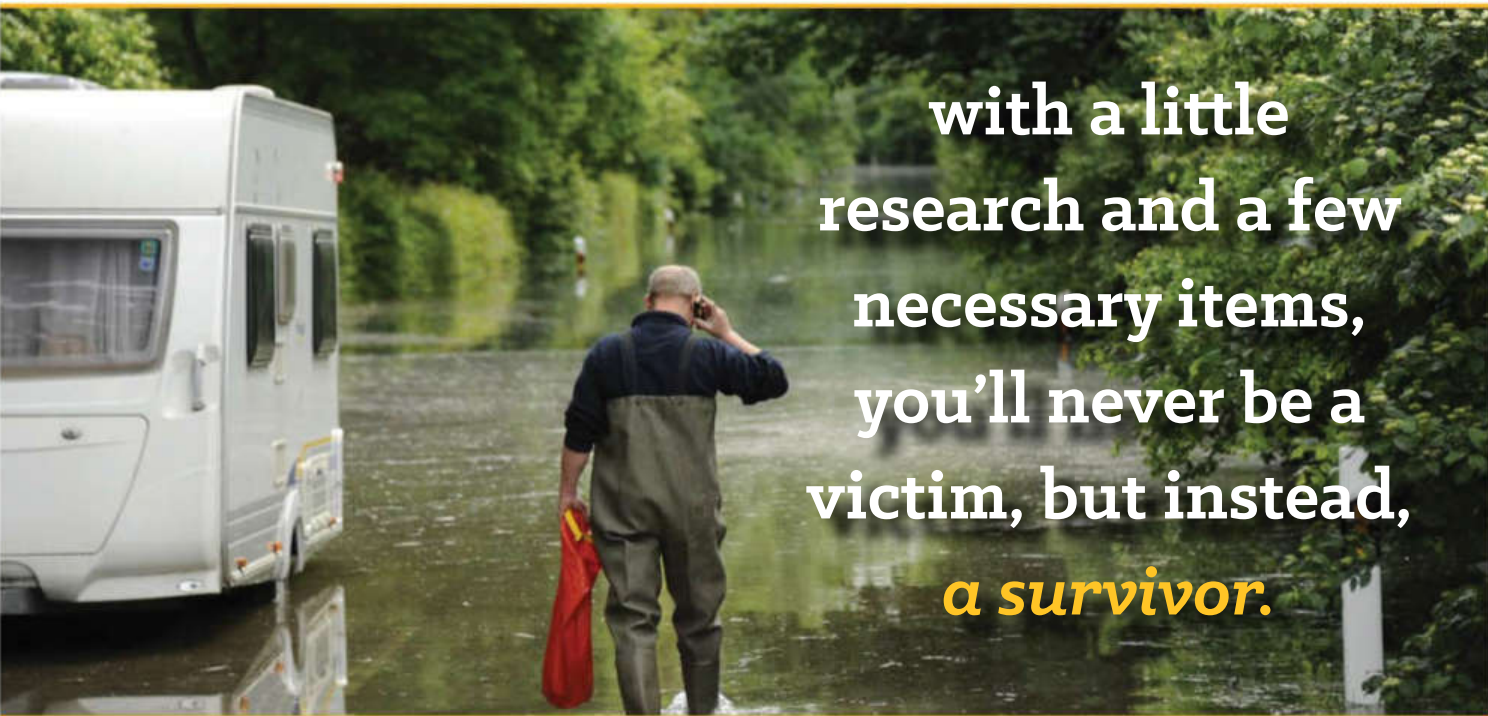
Once winter starts coming to an end, the snow will melt, saturating the ground. When spring arrives, the possibility of floods will arrive with it. Floods are most likely to occur in early spring. Most floods happen slowly, over a period of days, but when particular floods come on suddenly (these are called flash floods), they can be fatal.

The first and most important thing to do is to try to get to higher ground. You won't want to be in the path of the flood, where the possibility of getting swept away is much more likely. Another important thing to remember: DO NOT drink the water to stay hydrated. It is not in pure form, but rather a mixture of everything the water has destructed

while moving thus far, and can contain toxins. If you need to cross flood waters, and you're alone, find a pole or a long, sturdy stick to create a "tripod" form while you walk.

If you get caught in rushing waters, try to grab ahold of a grounded structure, such as a tree. When in groups, do not make a human chain by holding onto each other. Instead, form a circle by grabbing the shoulder of the person to the right and left of you. The circular formation will drive the water around your group, rather than pushing all of you over. When crossing flood waters in this formation, have the biggest and strongest person at the head of the circle that's moving across. They'll be the leader and have the pole to help maneuver the rest of you through the water.

Being caught in the middle of a natural disaster is one of the most terrifying things that can happen to a person, because it is completely uncontrollable. There is nothing to do but wait it out and try to stay alive during the worst of it. If you find yourself trapped in a forest fire, or amidst a raging body of water that's headed straight for you, stay prepared by taking basic survival courses to gain knowledge. Check the weather, stay up to date on current crises, and never leave home without your survival kit. You may have to face dangerous situations unexpectedly, but



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necessary items,  
you'll never be a  
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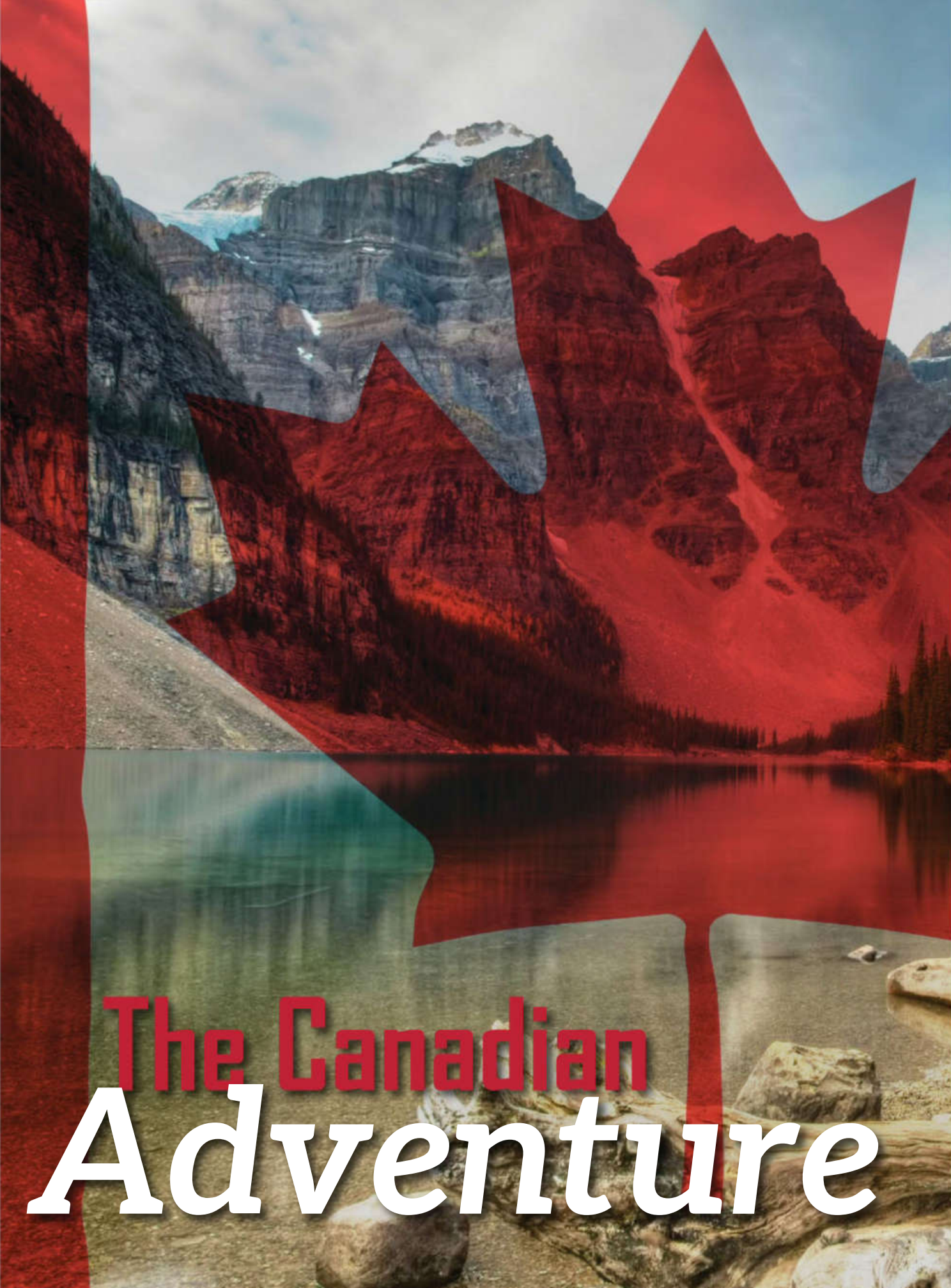
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# The Canadian *Adventure*







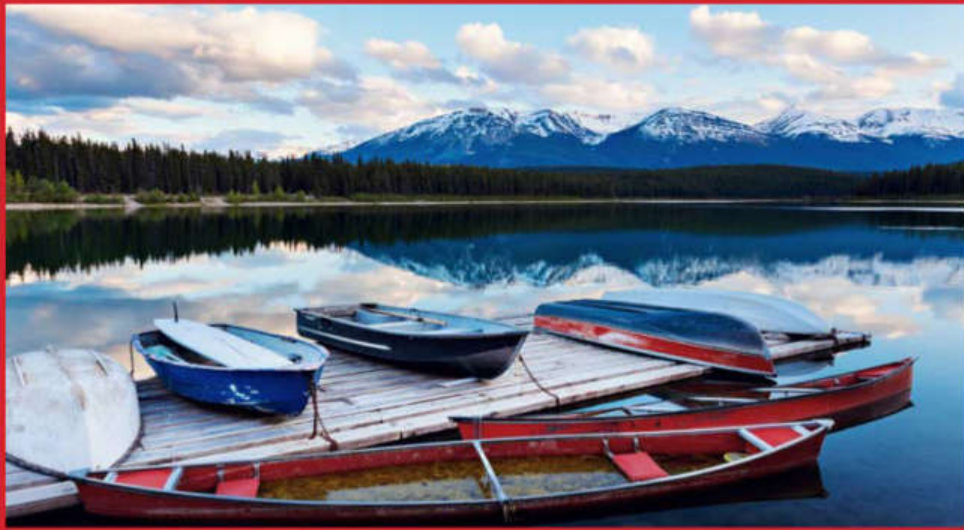


Canada is a vast country, made up of more than 3 million miles of land, and is the world's fourth largest country by surface area. With so much to ground to cover, how does one choose a particular place to embark on their favorite outdoor adventure? It all depends on what you're into. Whether you enjoy fishing the purest of rivers, or hiking through challenging terrain, we've scoured Canada and found a few hidden gems among the wilderness.

For any outdoorsman, the less that nature is modified, the better the experience is. If you're looking for an amazing place to relish in the pure beauty of untouched wilderness, try the province of Alberta. In this western region, you'll be able to explore the Willmore Wilderness Park and the renowned Jasper National Park. The countryside in these parts is unscathed and without roads, making for an unforgettable one-on-one experience with nature herself. Trek through more than a thousand miles of forestry and partake in a variety of activities, such as fishing for trout and whitewater rafting along the Smoky River.

Canada has more than 30,000 freshwater lakes to fish in and boat on. Head to Ontario to paddle through Missinaibi Lake. This is a popular choice for those that like to canoe and kayak through peaceful waters, and the lake has more than 300 miles to explore. Bodies of water, like the Great Bear River and the Kicking Horse River are also excellent options for a challenging, class III-V paddling experience, with high-rising rapids and winding trails.

If you're looking for more of an adrenaline rush, try mountain biking and climbing in Quebec. Here, you will find some of the roughest and toughest terrain



around. Canyons and steep cliffs make for an unforgettable experience while traveling through one of the many populated trails. Quebec is usually first on the list for outdoor enthusiasts, and with everything from mountain biking courses to ski resorts, this province is sure to please. With large cities, like Montreal, you will find plenty of things to do in your downtime as well, if you're looking for a more family-friendly, vacation-style atmosphere.

The country of Canada is well-known for its wide range of outdoor activities, and places to experience the best of them. For the avid outdoorsman, exploring new land puts excitement and wonder back into the chosen activity, making it feel as if the experience were happening for the first time all over again. Plan your next trip around one (or more) of Canada's amazing regions, and you won't be disappointed!





## #MyHaliburtonHighlands *More Than Meets The Eye*

**The Haliburton  
Highlands is known  
for its breathtaking  
scenery, wildlife and  
hundreds of lakes, rivers  
and streams.**

But those who call it home or visit often know just how much more it has to offer. Escape the everyday hustle and bustle to discover our vibrant arts, culture and heritage scene. Artists, studios and galleries are spread all across the Haliburton Highlands, offering an eclectic mix of colourful, fulfilling and thought-provoking experiences.

Looking for a quaint studio off the beaten path? How about taking a course to create your very own piece of artwork? Visit one of our many local studios or check out the Haliburton School of the Arts to develop your own skills. Don't forget to visit Glebe Park's Haliburton Sculpture Forest which contains pieces by Canadian and International artists around every turn.

Be sure to grab your gear and head out for a wondrous outdoor adventure. Go for a hike along hundreds of kilometres of trails, try out dog sledding or overcome your fear of heights as you





take on the 100-foot-tall Dorset Scenic Lookout Tower. Thrill-seekers will find what they're looking for!

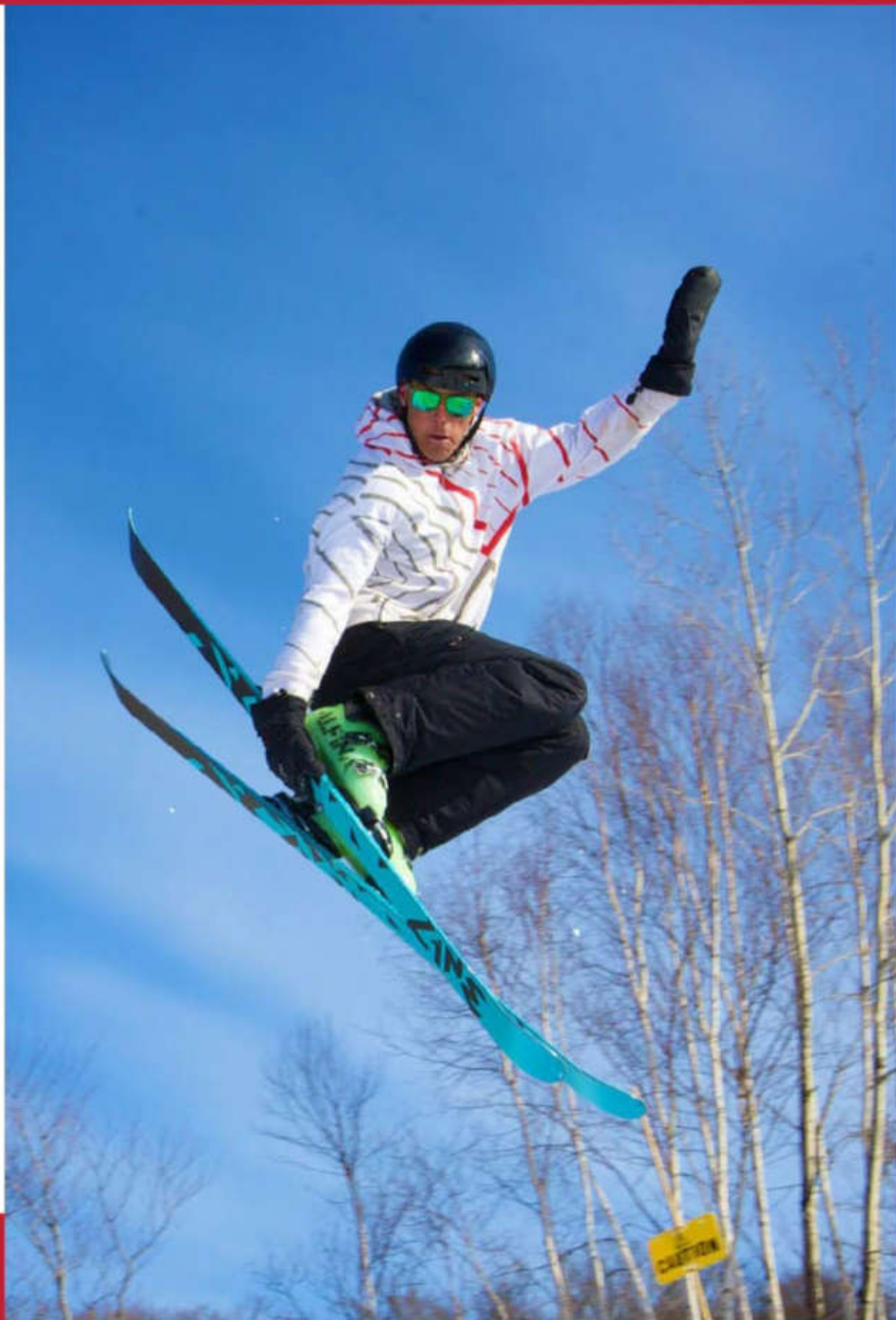
Go for a refreshing outdoor adventure as you canoe or kayak your way around over 600 bodies of water in the Haliburton Highlands. If you'd prefer to go on foot, you can venture out on one of our many scenic walking trails, taking in the sights, sounds and fresh air that come with it. Sign up to take part in Canada's largest hiking festival, Hike Haliburton, happening the 3rd weekend in September. Visit [hikehaliburton.com](http://hikehaliburton.com)

Calling all Rock Hounds: The Haliburton Highlands region is one of the higher points on the Canadian Shield – and a great place for those interested in mineral collecting! And if you're up for collecting more than just minerals, make sure you visit [Geocaching.com](http://Geocaching.com) and check out the GeoTour that happening in Highlands East, the Geocaching Capital of Canada. With over 100 caches and unique experiences around every corner, there's not a dull moment to be had.

Fill your plate and delight your taste buds as you get a healthy serving of the local food movement. Stop by a local garden or greenhouse, take a drive to a restaurant with a view and indulge in the delicious culinary experiences that await you. The craft brewing movement has taken off in our area with several award-winning breweries for you to enjoy. From traditional Canadian comfort foods to imaginative culinary creations made at the hands of top chefs, the list of mouthwatering options is endless.

Satisfy your senses and explore life at a different pace, where every moment is precious and each destination will leave you pleasantly surprised.

**Need help planning your trip to the Haliburton Highlands? Call the Tourist Information Centre at 1-800-461-7677**





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HIGHLANDS





# OUTDOOR *Expeditions* ON THE LAND & WATER

**W**hen we think of cold weather and the winter months, we think of hot chocolate and warm nights by the fireplace. We think of vacations with the family, holiday parties, and staying bundled up in our homes. However, the outdoor enthusiast knows that the colder seasons are some of the best times for getting outside.



"IN SEED TIME LEARN, IN HARVEST TEACH,  
**IN WINTER ENJOY."**

– WILLIAM BLAKE







The lower temperatures bring out crisp winds and cooler days, making a hiking or biking trip all the more enjoyable. When snow falls on a mountainside and ice begins to form, alpinism comes to mind. Even for water lovers, white water rafting and paddling through rivers during the colder months can be a completely different experience.

A true outdoorsmen knows that any time is a great time to be outside, no matter what season we're in, and any activity can be enjoyed if you have got the proper equipment. If you are just starting out, or a veteran of the outdoors, these expeditions better be on your bucket list for winter.



## SKIING

Skiing is probably the most popular sport during the winter months. People from all walks of life enjoy taking ski trips, where they can scale the slopes and then retreat back to their cabins for a warm night of fun and relaxation. Alpine skiing, or downhill skiing, is the most well-known style, and is usually practiced at resorts or lodges. Often times, you will notice the use of a lift system, which helps to carry skiers up to the peak of the mountain. This is because, with the ski shoes and added equipment, it can be difficult to walk and make your way up to the top.

For more advanced skiers, hiking up the mountain is no problem. They simply go in groups and carry their equipment with them, then descend once they have reached the summit and put on all their gear. Some of the best places in the United States to try out the slopes are Wyo-

ming, Utah, and Colorado, where the snowpack is dense and the temperatures are just right. You will easily be able to find well over a handful of resorts and lodges to accommodate your needs and budget, and many have won awards based on overall terrain and snow or "powder."

If you are just starting out, be sure to dress warm and protect yourself from the sun. Even though it is winter and you are in the middle of a ton of snow, the sun will still burn you. Pack some sunscreen and make sure you wear a head cover. We highly recommend skiing at a resort if it is your first time, for overall comfort reasons, as well as the courses they offer on site. At a resort, you will be able to easily learn the basics, and you will be accompanied by a professional at all times (should you choose), so in the event of an avalanche or another dangerous disaster, you won't have to worry about being all alone.





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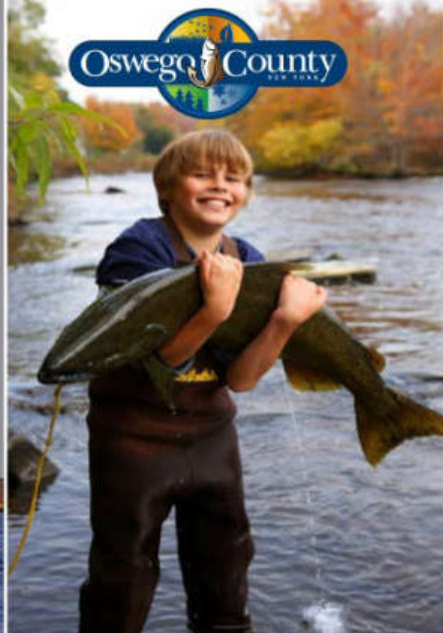
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## HIKING

Hiking is another great winter pastime for outdoor and sports enthusiasts. Sure, you can hike in the summer and sweat profusely while you soak up that farmer's tan. But what about a winter hike through fresh snowfall? Now that sounds like fun. The only thing you have to remember is the need for additional gear. Other than that, the activity is done in the same way as in any other season. Hiking through deep snow, however, will require snowshoes. Therefore, you will be snowshoeing as well, which is an entirely unique adventure all on its own.

Most snowshoes will come with a set of walking poles and a bag (as a set) and if you are

just starting out, there is no need to buy the most expensive pair. Just make sure they are a durable, possibly aluminum frame with good flotation, and you will be alright. You will use the walking poles in the same fashion as you would a hiking or walking stick. Also, if you are just starting out, stay on flat, low-endurance terrain. You don't want to try snowshoeing your way through a rough hiking trail, because you will run into ice and other obstacles that your basic equipment won't help you get through. If you are an advanced hiker, take the time out to practice snowshoeing before you move on to rough terrain.

New York has some of the best snowshoeing trails, such as in Black Rock Forest and in the Catskill Mountains. The Stillman Trail in Black Rock Forest is a popular choice. There, you are welcome to bring your dogs along for the hike, and the views are spectacular. You will forge through mountainsides with elevation over 1,000 feet, and get to see plenty of wildlife as well. Within the Catskill Mountains, located in the protected Slide Mountain Wilderness, you will experience outrageous challenges, complete with the solitude of being surrounded by more than 45,000 acres of pure wilderness. Skiing is also popular here, and this entire area is a vast preserve, making for a beautiful adventure.





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## MOUNTAINEERING

Mountaineering is an extreme winter sport, and not to be confused with rock climbing. Rock climbing is essentially a sub-category of mountaineering, in which the climber is only scaling part of a mountain to reach a certain point. In some cases, rock climbing can be performed on an artificial wall within a secured environment, complete with experts and professional climbers, for safety purposes.

Mountaineering, on the other hand, is an extreme sport, where the climber will ascend to the highest possible peak, with the use of specialized equipment, such as ropes and harnesses.

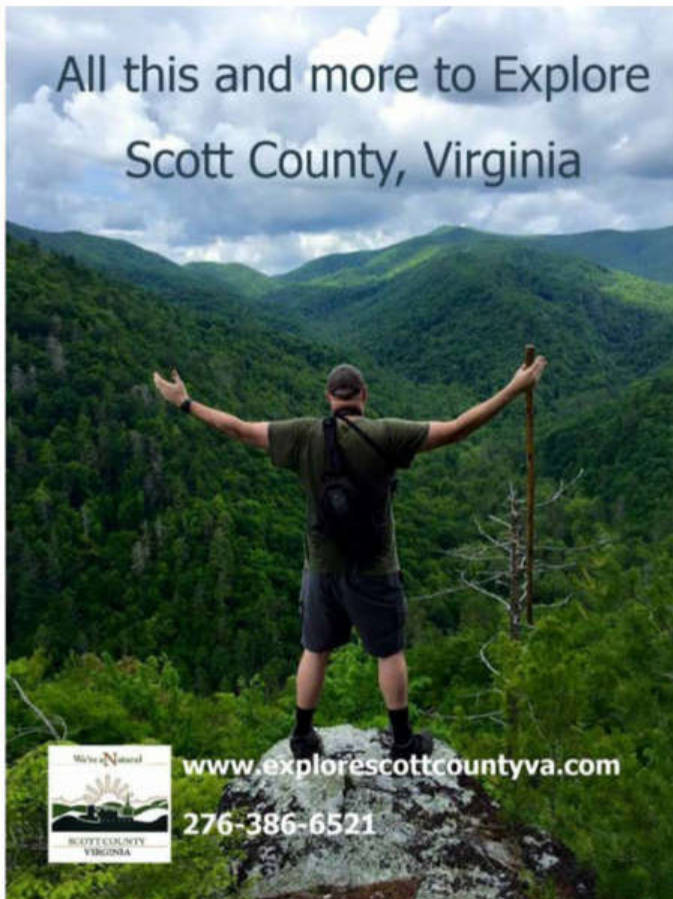
*This type of climbing involves full body control and precision,*


and can be fatal if not practiced thoroughly beforehand. If you are a climber, mountaineering in the winter is an amazing adventure. You will run into extra obstacles, such as ice and sleet and snow, as well as having to battle the harsh winds that will bring below freezing temperatures. The higher you go, the more danger there is.





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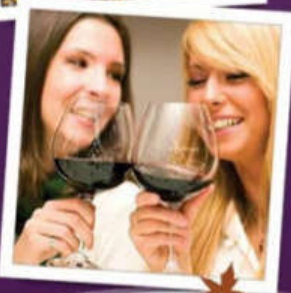
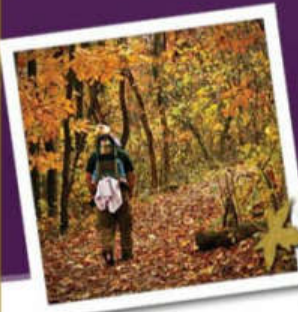
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BECAUSE WE GROW OLD,  
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THEY SAY THAT IN EVERY REAL MAN IS HIDDEN  
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If you are just starting out, we don't recommend mountaineering as a first choice, but there are plenty of classes you can take to prepare you for your first expedition. If you can get past hiking in Yosemite or scaling the Half Dome, then you may be ready to try Mount Everest one winter for an outrageous activity that will have your adrenaline rushing before you even reach the first break point. For extreme mountaineering, try Mount Rainier in Washington's National Park. This particular mountain requires advanced climbing skills and you will have to scale the largest of glaciers to get to it. Another mountain fit for daredevils is Mount Katahdin in Maine. It is lower than the mountains you will find in Washington, but is known specifically for its trail, Knife Edge, which is only two feet wide at the most roomy points. Either side of Knife Edge has more than 1,000 foot drops that plummet straight down, so advanced climbing skills will be needed to complete this trail as well.

*Everest Base Camp*

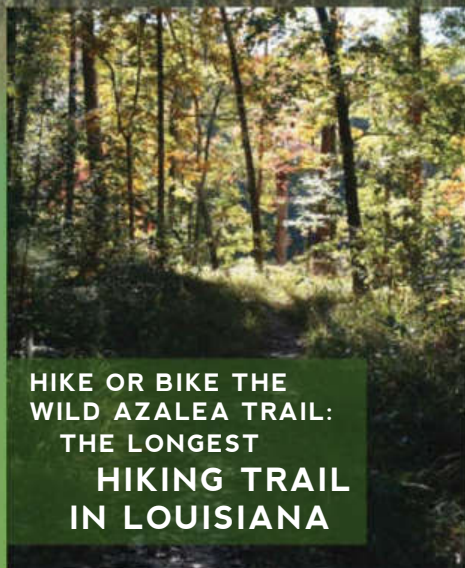




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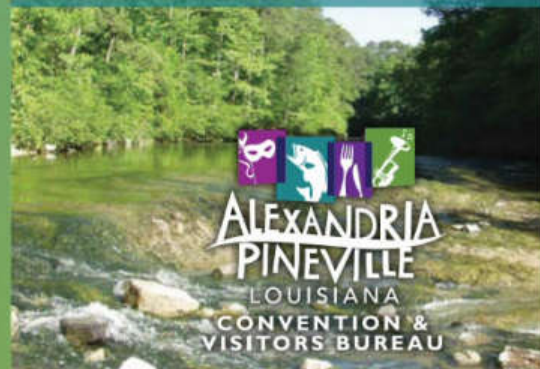


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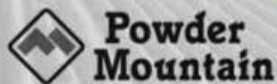
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## SNOWMOBILING

Snowmobiling is a popular choice among many outdoor recreationists for its versatility. There are over 100,000 miles of trail space within the U.S. alone, and most of these trails allow many different activities simultaneously. If you have never tried snowmobiling, you will need to make sure that your snowmobile is licensed and registered. When just starting out, you will probably want to rent a snowmobile at a trusted resort where you will know that the vehicle has been properly maintained and cared for. Snowmobiles can get quite pricey as well, so it is better to take a few courses at a lodge.

Lodges and resorts will provide the option of partaking in other winter activities as well, such as skiing or hiking, so you will be able to familiarize yourself with the trails before heading out. It is always good to travel in groups, especially while snowmobiling, because the impact that the vehicle makes on the ground can cause disruptions in the snowpack. Remember, always pack the proper gear, even if you are an experienced snowmobiler, as the weather conditions in winter are harsh.

Snowmobiling, in a lighter sense, can be an enjoyable activity for those of us who are less mobile, as well. If you want to take a ski trip with your loved ones who may not be able to stand all day and enjoy the outdoors with you, having them try out snowmobiling can change everything (for the better). Studies show that more and more elderly, for example, have taken a liking to snowmobiling because they can

travel through the trails that they once used to love to hike, bike and ski on. Never travel off the trail paths in a snowmobile. These trails are regulated for the purpose of these activities, and riding over terrain that hasn't been properly maintained could mean danger. Be sure to wear the proper safety equipment as well. As with any vehicle, an accident is always a possibility. Michigan, Wyoming, and New York are three very popular states for snowmobiling, and there is an abundance of lodges and resorts within these areas to try out (or continue) and enjoy the sport.







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## BIKING

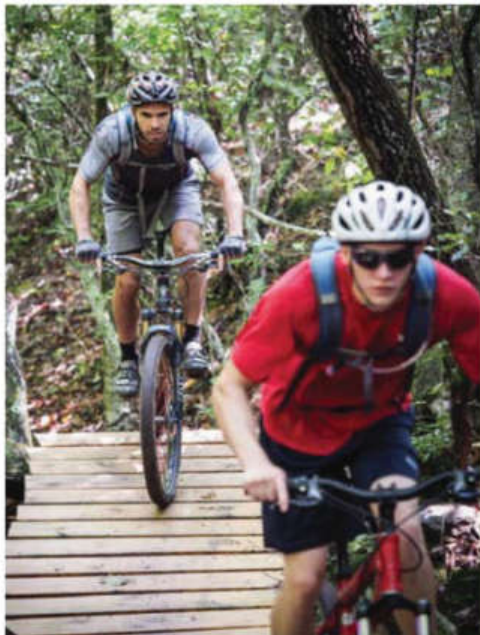
Biking is a great winter activity. Most people assume that biking is enjoyable only in the summer months, when the weather is hot and you can bike along a beach street. That is a very fun and rewarding experience, but winter biking is just as invigorating. You will want to wear a few layers, some gloves and a head wrap, but you don't need to bundle up and be completely uncomfortable. Wear just enough clothing to be covered, and possibly a little cold when you first start out. A few minutes into your ride, your body will heat up significantly. Biking exerts an exceptional amount of energy and gives a great workout to those who put in effort.



Biking in the winter (and throughout all seasons) will keep you energized and fit, and makes for a unique way to get around as well. Make sure you keep your bike well lubed and implement routine maintenance on the brakes, gears, drivetrain, and wheels, to ensure optimal safety and performance. Trails all over the United States are popping up and some of the best winter routes for "off-season" riding are in Utah. There, you can find places like the Bonneville Trail and Antelope Island, where you will be able to try out many different trail styles, ranging from easy to expert, with regards to difficulty. Don't worry, there are plenty of bail-out points for when you need a break!







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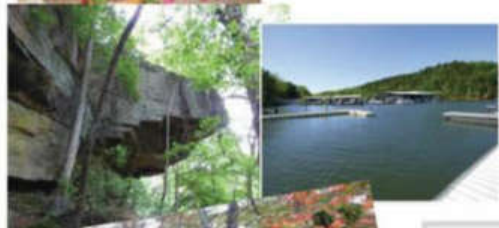
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## WINTER GONE WILD: CODY, WYOMING

*Park County Travel Council*

With countless outdoor adventure options, Cody, Wyoming really knows how to do winter. Surrounded by mountains that are buried under plenty of snow, this western town is the perfect winter wonderland for an outdoorsman looking for something a little wild.

To start off your adventure, head to the South Fork Valley to climb more than 300 frozen waterfalls made of world-class ice from November to April. Or strap on your skis and check out the 19.2 km of cross country ski trails with classic tracks and skate lanes at the eastern gateway to Yellowstone. Then head to the Wood River Valley Ski Touring Park's 25 more km of groomed trails. Here, you'll probably even glimpse some of Wyoming's famous wildlife like deer, elk, moose, and bighorn sheep.

Or you could take it easy with a classic winter activity such as ice-skating outside at Homesteader Park or inside at the Victor J. Riley Arena — where you could also watch Yellowstone Quake play a local hockey game. Your family is sure to love Sleeping Giant Ski Area where everyone could try skiing, snowboarding, snowshoeing, Nordic skiing and snow tubing from beginner to advanced levels.

Taking the scenic route is never dull with incredible terrain like Cody's. Local outfitters offer daily or overnight guided snowmobile tours through Yellowstone's magnificent sights. Or just head straight to the Yellowstone National Park Lodges for more sightseeing options, like their popular snowcoach tours. You would also love snowshoeing through the incredible frozen majesty of Yellowstone in the winter.

Winter in Cody, Wyoming is teeming with adventures of all kind. You'll never run out of things to do in the town that's known to be the wildest way into Yellowstone. Plan your winter adventure at [yellowstonecountry.org](http://yellowstonecountry.org) or by calling 1-800-393-2639.











Lake Hartwell

## CLEMSON, SOUTH CAROLINA

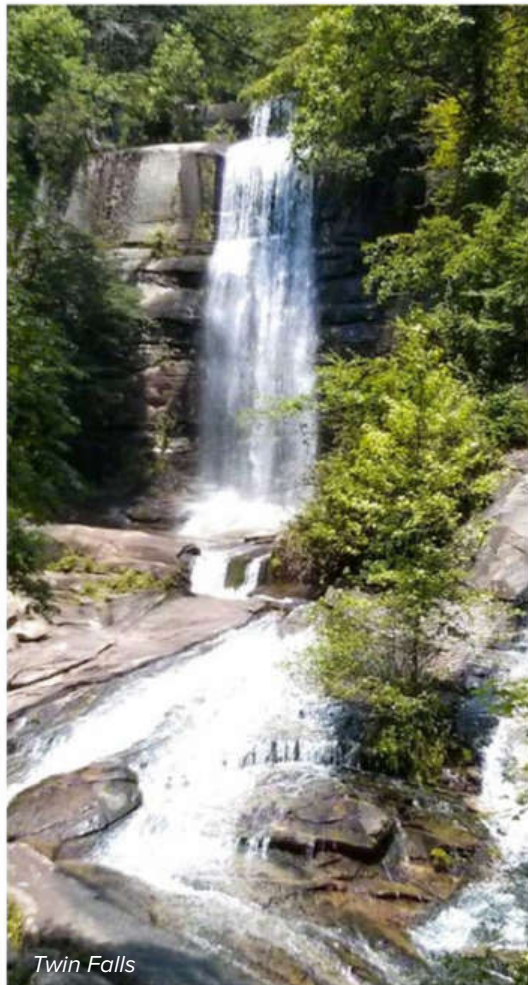
Experience the wide array of family friendly outdoor activities available in the Clemson, South Carolina and surrounding Pickens County. Whether you are looking for hiking and biking trails, a day on the lake, waterfall excursions, or peaceful evenings under the stars, Clemson, SC located in Pickens County South Carolina has it all.

Hike a trail that leads to one of the nearly 40 waterfalls or take yourself on an adventure through ravines and across rivers, ending at the perfect swimming hole. Explore easy going trails along babbling creeks or strenuous trails traversing suspended bridges over rushing rivers. No matter what level of trail enthusiast you are, there is one just right for you.

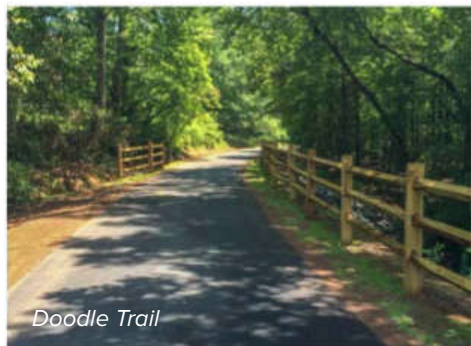
Clemson's Experimental Forest is filled with mountain biking trails that take you along nearby rivers, lakes, and dams. The trails are also horse friendly and offer trailer parking. Pickens County also offers a challenging mountain bike course and has also recently opened the Doodle Trail, a rail to trail project. Deciding how to explore our trails is up to you: hiking, biking, or horseback riding-any activity will immerse you in the captivating scenery of the area.

Spend the day on one of our area's beautiful lakes. Lake Hartwell (56,000 acre) borders the City of Clemson, featuring beautiful sunsets and beaches. The Experimental Forest includes Lake Issaqueena, providing a quiet and secluded atmosphere. Nearby Lake Keowee offers gorgeous views and recreational activities. Lake Jocassee is unparalleled in its crystal clear water and breathtaking views of the mountains. Fishing, boating, canoeing, or paddle boarding are always in season on our lakes.

After spending the day outdoors, spend the night in Clemson where you will find arts, culture, nightlife, fine cuisine, and shopping. We welcome you in Clemson and Pickens County where your outdoor adventure wonderland awaits. You will not be disappointed!



Twin Falls



Doodle Trail



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## CORVALLIS, OREGON

Whether you are a birding or biking enthusiast you can find it all in and around Corvallis. Bird lovers appreciate the care that William L. Finley National Wildlife Refuge has taken to provide a winter habitat for migrating Dusky Canadian geese. Offering 5,000 acres of protected land, you may also encounter a herd of Roosevelt elk.

Other birding “hot spots” in or near Corvallis include the E.E. Wilson Wildlife Area, Chip Ross & Avery Parks, Mardi’s Meadow, the Jackson-Frazier Wetland and Beazell Memorial Forest. The Corvallis Audubon Society offers frequent birding field trips on foot and on bike.

Speaking of bikes- did you know that Corvallis has over 60 miles of biking and hiking trails throughout town and into surrounding countryside? Not only does the City of Corvallis maintain a network of paved paths, Corvallis and Benton County parks provide a variety of paved and unpaved trails that provide easy access to beautiful natural areas. Ask for a trail suggestion at one of the many bike shops or at the Visitor Center.

Is it “city riding” you prefer? There are twenty miles of paved multi-use paths in town and there are many roads in the area that offer wide shoulders and light traffic. Depending on your route you choose you can experience rolling hills, local agriculture or if you’re up to it, go for a challenge bike up the impressive climb to Marys Peak. It is the highest point in the Coastal Range at an elevation of 4097 feet, and on a clear day you can see all the way to the Cascades or the ocean.

Some of the best ways to explore these outdoor amenities is to schedule a trip with Cascadia Expeditions. They offer kayaking, a craft brew float trip and a breakfast with the birds trip all on the peaceful Willamette River just on the edge of the City



Photo by Lainey Dyer



Photo by Lainey Dyer, Corvallis OR



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## KAYAKING & CANOEING


Kayaking and Canoeing in the colder seasons is also an enjoyable sport. Like most winter activities, there are a few additional dangers to take into consideration and prepare for. One of the most imperative things to watch out for when putting yourself in open winter waters is hypothermia and freezing temperatures. During the warmer months, your wetsuit is more than enough to keep you comfortable. In the winter, however, you will need a drysuit, no questions asked. The proper clothing will keep you out of life or death situations, should your kayak or canoe roll over, or if a large rapid breaks over the hull, and so on.

The best way to dress is somewhat of a personal preference, and based off of experience. If you are kayaking or canoeing in the winter for the first time, we recommend you wear several layers. Wear your wetsuit underneath you drysuit. This will give you one extra layer of protection, should you become submersed and/or soaked. We also recommend neoprene everything. The soft, rubbery fabric is going to be lightweight and provide optimal insulation. Pick up a neoprene hood (if possible) or some sort of cap or head cover. Neoprene gloves and shoes are a good idea as well. Bring an extra pair of socks and an additional cold weather outfit, and pack this in a waterproof bag or container. In case you do become drenched and you start to lose excess amounts of body heat, you will have your backup outfit handy. Always wear a life jacket!

If you are kayaking or canoeing in extremely cold weather (where the temperatures are 15-20°F or lower), you will want to pack a few thermoses of hot water and some sort of survival kit with a fire starter inside. Naturally, you will want to keep this all in a waterproof container as well. We will never tell you that venturing out into the outdoors without a survival pack is a good idea, and we will always recommend that you carry one, even when just going on a day hike. If you are going to be out in weather this cold, and on the open water that is below freezing, a survival pack is a necessity. We suggest that you practice a survival situation or a rescue mission several times before going out alone. You will need to be fully prepared before putting yourself in this type of dangerous situation. If you were to become submersed in the freezing water (which works more than 10 times faster with regards to stealing your body heat away), you will want to know what to do ahead of time. This way, if the dangers present themselves in “real time,” you won’t panic.





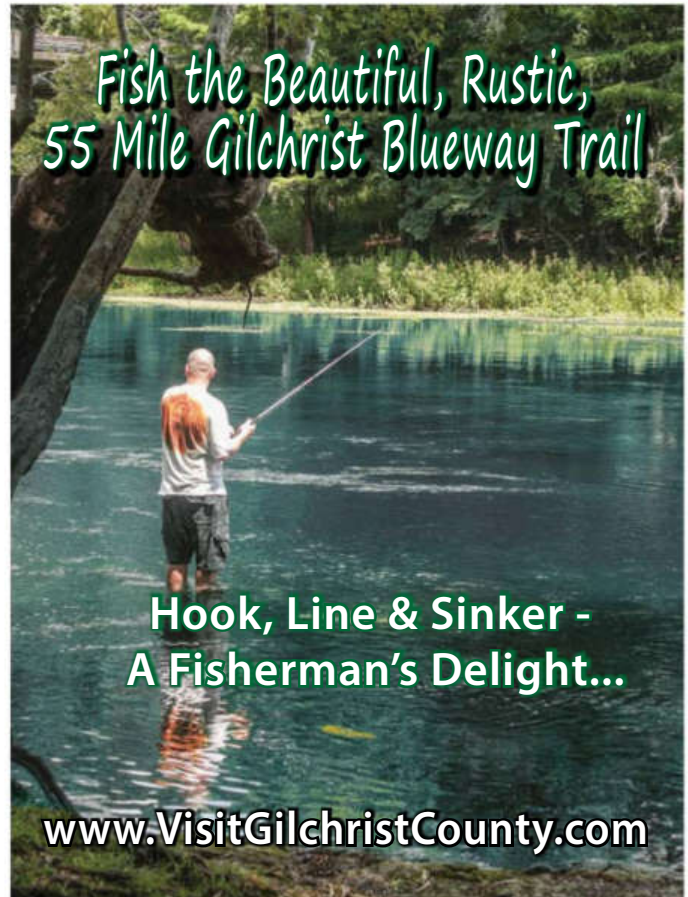


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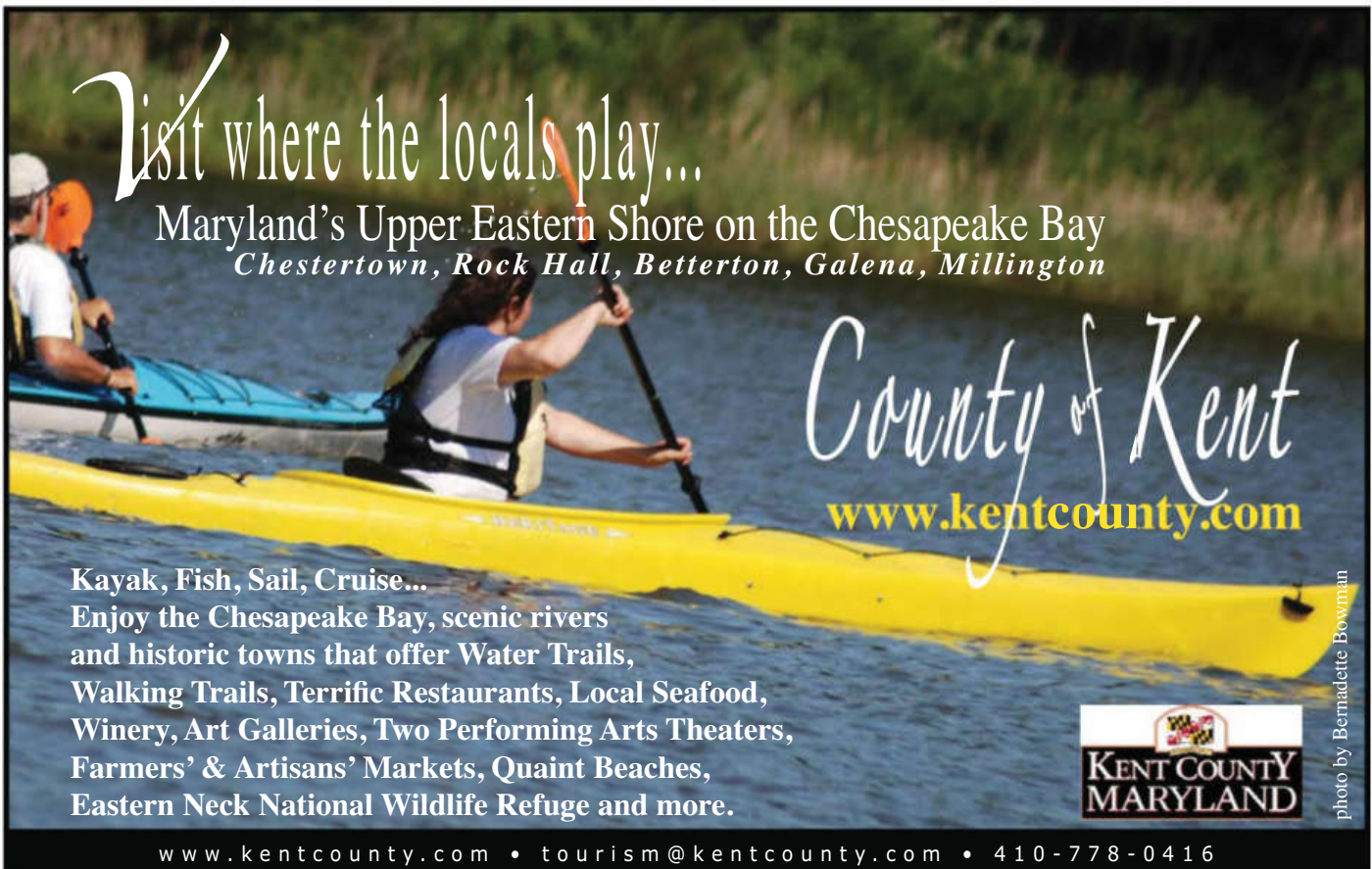
   



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## RAFTING

The same goes for Rafting. If you are white water rafting, you will need all of the above training and equipment, due to the fact that you will still be putting yourself in harm's way if you do not dress properly. There is a good chance you may flip, and an even better chance that you will get soaked, especially when rafting. We do not recommend white water rafting in the winter (or any other time) alone. It is better to raft in groups, only because you are going to be traveling down rapids and falls, and coming face to face with sharp rocks and large boulders along the way. Rafting is a bit more dangerous than kayaking or canoeing, because you are participating in the activity with the anticipation of hard hits and direct sprays.

Another thing to be mindful of while paddling in the winter, whether in a canoe or kayak, or in a raft, is ice. Ice will build up around your vessel, on your sprayskirt, around the deck, on your paddles, and pretty much on anything that is touching the water. When water hits these items and then splashes back down, the cold air that hits the excess will freeze it in a matter of minutes. Keep watch of this buildup of ice on your equipment. You will need to pause periodically to break the ice off, in order to stay productively moving. Make sure that you prepare for the worst when paddling during the winter, as the temperatures alone make it dangerous.

Places like the Smith River and Sandy Gorge, both in Oregon, make for excellent rafting and kayaking trips in the winter time. For a challenge, try Lake Tahoe out in your canoe. One the most beautiful places to kayak and canoe in cold weather is Alaska. There, you can pretty much get a trip in during any time of the year, and the views are breath-taking. You will be able to spot whales and other wildlife, along with paddling through the snow covered mountains and open, icy waters. It is truly a phenomenal place to begin. If you are interested in cold water paddling, there are plenty of adventure guides and tours available to take with professionals, where you will be safe in groups. This also provides a tranquil social setting, perfect for meeting other outdoor enthusiasts with similar interests in mind.



*Alaska Glacier National Park*







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Cold weather means no crowds, stunning scenery and overall serenity in a whole new light. Depending on which activity you decide to partake in, or what part of the country you are planning your vacation around, you will find that most (or all) of these sports can be done in one place. Resorts offer guided tours and classes to help you familiarize yourself with the cold weather adventures. Before you know it, you will be off on your own, just like the experts. If you are already more advanced than most, you will know that being prepared is the number one key to staying alive and comfortable. A Midwestern proverb states accurately,

**“There is no bad weather, only the wrong gear.”**

So, this should tell you that your equipment means everything. You can't drive without a car, you can't scuba dive without a wetsuit, and you most certainly cannot take on winter without warmth.

Remember, just because it is cold outside does not mean you have to stay indoors and sip hot chocolate. For us thrill seekers, getting out and exploring is what makes our hearts flutter, and, as outdoorsmen and sports enthusiasts, we all enjoy a challenge. Do not underestimate the snow and ice, and be cautious at all times. Once you feel completely prepared, create your own journey and get moving!





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**T**he unforgettable, yet haunting memory of the Vietnam War, is one that rings poignant. While the war sparked many great changes and brought about a significant historical era, it is also the highlight of great tragedy and loss, for both the country of Vietnam and the United States. The war lasted for decades, from the late 1950s until April of 1975, and took with it well over a million Vietnamese and more than 58,000 American soldiers.

The United States became “involved” in the fall of 1964. But why did we take our troops to the front lines? What made us even become entangled in the troubles overseas?

According to the history books, U.S. involvement came about after the Gulf of Tonkin incident. In early August, attacks were reported on two U.S. destroyers, Maddox and the Turner Joy, which had been stationed out in the Gulf to aid the South Vietnamese. By this time, Johnson was already president (after the assassination of Kennedy), and he asked for permission to retaliate. But why were our ships out there in the first place?

Many people argue that the involvement of the war was not due to these attacks, but rather the controversial theory of the spread of communism. With a communist society erupting in Vietnam, we were concerned about a possible “domino effect.” Because we disagreed with the ruling in North Vietnamese territory, we involved ourselves in helping the South Vietnamese regain their rights as a whole.





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While we may have been drawn into the war on humanitarian principles, aiding a country for the greater good of the people, we were attacked in the Gulf, and thus immersed into the rage of a lengthy, heart-breaking feud. It became a fight for equality and justice, with regards to ending a communistic way of life. Adopting the ideology of communism separates a people. Those who have money and political status within the community rise to the top and feed off of the low-cost, poorly-produced goods and services provided by the working class. Ultimately, this splits the economy and hinders the country's overall growth. It becomes a society in which the people are no longer unified and working together. Instead, they go against each other and it becomes a lifestyle of "every man for himself."

Some of us will say, "so what?" Why put our nation and our people in danger for a foreign country that's killing its own people? Why involve ourselves in a matter that essentially has nothing to do with us? Others will argue that we must lead by example, and that not stepping in and fighting for change, is the same as advocating communism. This is a touchy subject, and we could spend hours, perhaps days, debating and deliberating over what we should have or shouldn't have done. Regardless, we backed the South Vietnamese in the conflict, and our soldiers fought bravely and boldly for what our country believed was the right thing to do.

In the beginning, the United States was in agreement with the decision to send our troops to aid the South Vietnamese. However, in January of 1968, the Viet Cong launched a series of surprise attacks on U.S. troops and South Vietnam. This campaign of attacks was known collectively as the Tet Offensive. Due to the overall shock that



**"NO EVENT IN AMERICAN HISTORY IS MORE MISUNDERSTOOD THAN THE VIETNAM WAR. IT WAS MISREPORTED THEN, AND IT IS MISREMEMBERED NOW."**

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the Tet Offensive brought to the people of the United States, polls began to skyrocket in disagreement with America's involvement in the conflict.

People began to lose faith in the success of America's battles, because the initial sting of the Tet Offensive was unforgettable. We didn't believe that North Vietnam was capable of launching such an attack, and it set us back a great deal. Now, the American people questioned whether or not we'd "made a mistake" by getting wrapped up in the conflict. Taxes were rising, death counts were as well, and we didn't see a near end in sight.

Shortly after the Tet Offensive, protests and riots became increasingly frequent. People filled the streets, shouting for the government to bring our troops home. They argued that it was time to stop fighting, that it wasn't worth our while. Unfortunately for our troops, they were amidst the napalm and strapped in the B-52 heavy bombers, serving for what they believed in. They gave their lives to America, to defend and protect it, and they followed their leaders' commands without question. It was our soldiers who



B-52 PLANE

fought diligently and never lost faith in their country's plan of action.

Now, just over fifty years later, we give thanks to those men and women who so courageously gave their all to back up America's decision. When they fought like hell to ensure our duties as a nation were set in motion, they were commended. When they continued to fight, after the American people cried "no more," they were condemned.

Our veterans are our rocks. When the seas of conflict and war and terror wash up and smash against them, they do not fall. They do not budge. They stand their ground until the waves recede.

Many people are not even willing to sacrifice their lives for their own families, never mind an entire nation. Very few men, far between the crowds and masses that each have their own opinions, will actually raise a hand toward the sky and pledge their true allegiance.

For that, we put aside the facts. We put to rest the argument behind the Gallup polls, the political debates, the news

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— MARSHALL MCLUHAN





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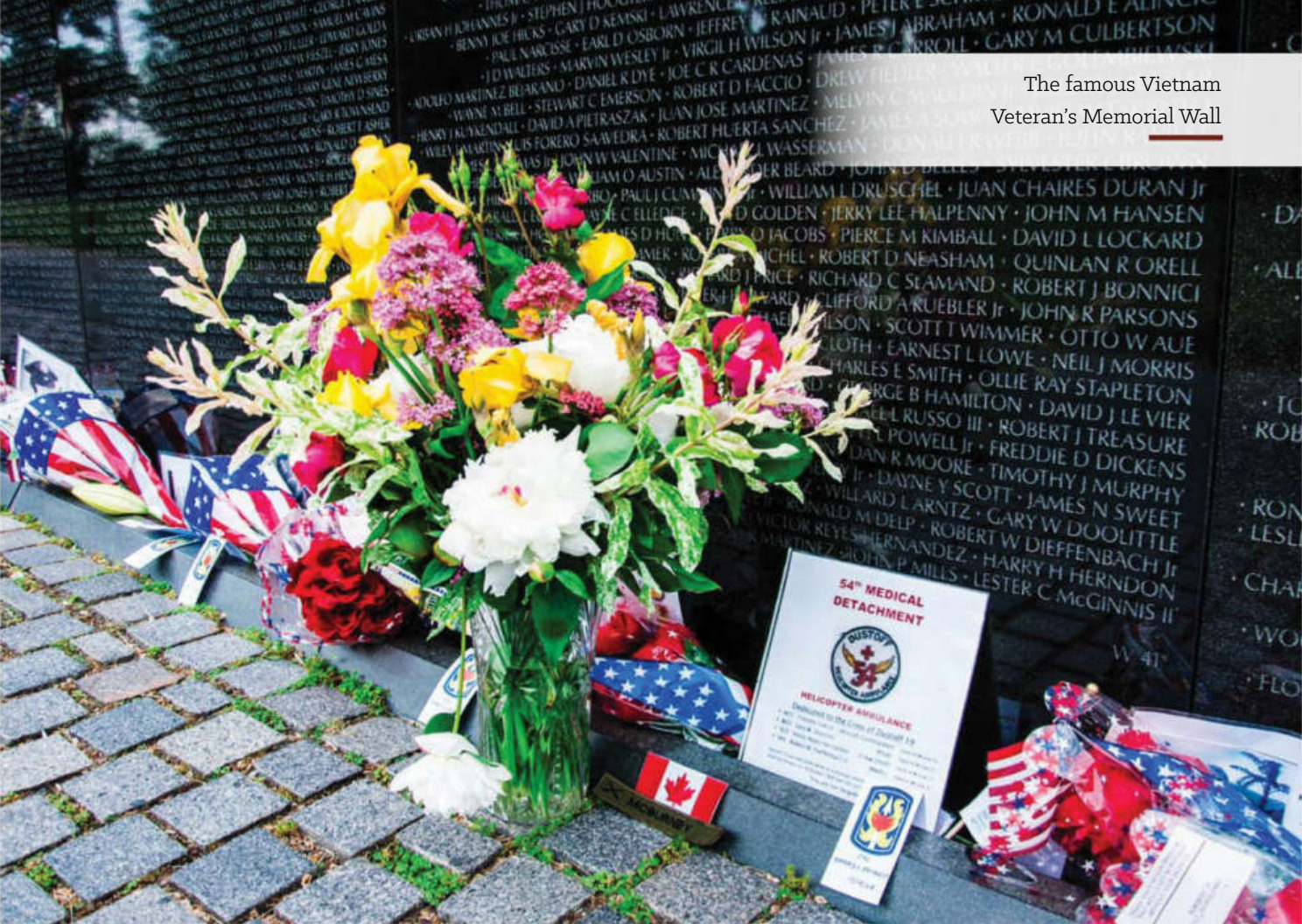
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conferences, and the tabloids. For so many years, our Vietnam Vets have felt like outcasts, displaced with guilt and confusion as to why they were being shunned for their outstanding sacrifices. Our soldiers should not be made to feel like they've wronged their country or fought for an unjust cause. For whatever the fight resorts to, whatever the conflicts bring about, whatever trouble comes knocking on America's door, they are willing to lay everything they have on the line for our safety as a people.

Many of these brave men and women lost their lives in Vietnam. The famous Vietnam Veteran's Memorial Wall commemorates those who literally gave their all to ensure our victory. Other brave souls were fortunate enough to make it back home and renew their lives in America. A few well-known veterans include John McCain and Jeremiah Denton Jr., both of whom were prisoners of war for years. They moved on to become United States senators. Oliver Stone, who served in the 25th infantry division, produced

great works as an inspiring director, including moving films, such as *Platoon* (1986) and *Born on the Fourth of July* (1989).

The Vietnam War brought about much controversy, immense amounts of pain and suffering, and an overall hardship to America. But we cannot hold it against our servicemen. We must thank them for all that they did, and remind them daily that, regardless of what they've done or what parts of themselves they've lost, they are still our brothers and sisters.

**Thank you, veterans. You are so brave, and so loved.**





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*Photos by Charlotte Harbor and the Gulf Islands Visitor & Convention Bureau*



## CHARLOTTE HARBOR, FLORIDA

This is where Florida with all its outdoor splendor resides. Whether you're seeking the solitude of an early morning kayak run up a rarely explored river, or the thrill of hooking a trophy in one of the state's most productive estuaries, this is the place to be.

Long regarded as an outdoor enthusiast's dream, the area offers some of the best boating and fishing in the United States. Take a trip deep into the Florida backwoods and swamps on a narrated eco-tour with Babcock Wilderness Adventures. Kayak any of the hundreds of miles of Blueway trails that start with the Peace and Myakka rivers and extend out to the Gulf of Mexico. Or, find that missing species from your birding list in any of the area's 70 parks, preserves and recreational areas.

Ready to rev it up and hit the dirt? Florida Tracks and Trails offers a 1,000-acre theme park offering the ultimate in outdoor adventure. Enjoy an AMA-Sanctioned motocross facility with 4 tracks, 80-acres of world-class paintball, a freshwater white-sand beach, miles of single direction, off-road trails; a unique mud track, a side by side track and more.

After your day's adventure, relax "Old Florida style" in the unique Gulf Coast town of Englewood. Or choose artful, charming Punta Gorda, where you can experience the true essence of Florida's quaint, small towns. Enjoy exquisite dining, superb shopping, exciting events and more. Indulge in some of Florida's freshest seafood and and-of-a-kind culinary experiences in the area's intriguing, intimate restaurants. Discover shopping and more at Fisherman's Village, a treasure trove of exploration and fun. **And there's always an exciting event ready to entertain, and always available on the destination's website: [www.CharlotteHarborTravel.com](http://www.CharlotteHarborTravel.com)**



# Florida's FISH HIKE BOAT BIKE KAYAK Destination

From untamed wilds to open, deep sea, here's where to find the Florida outdoor adventure you'll want to experience again and again.

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*Hiking trails abound in the National Forests surrounding Pocatello.*



*Jump onto 52-miles of groomed single track right from town on the City Creek Trail System.*

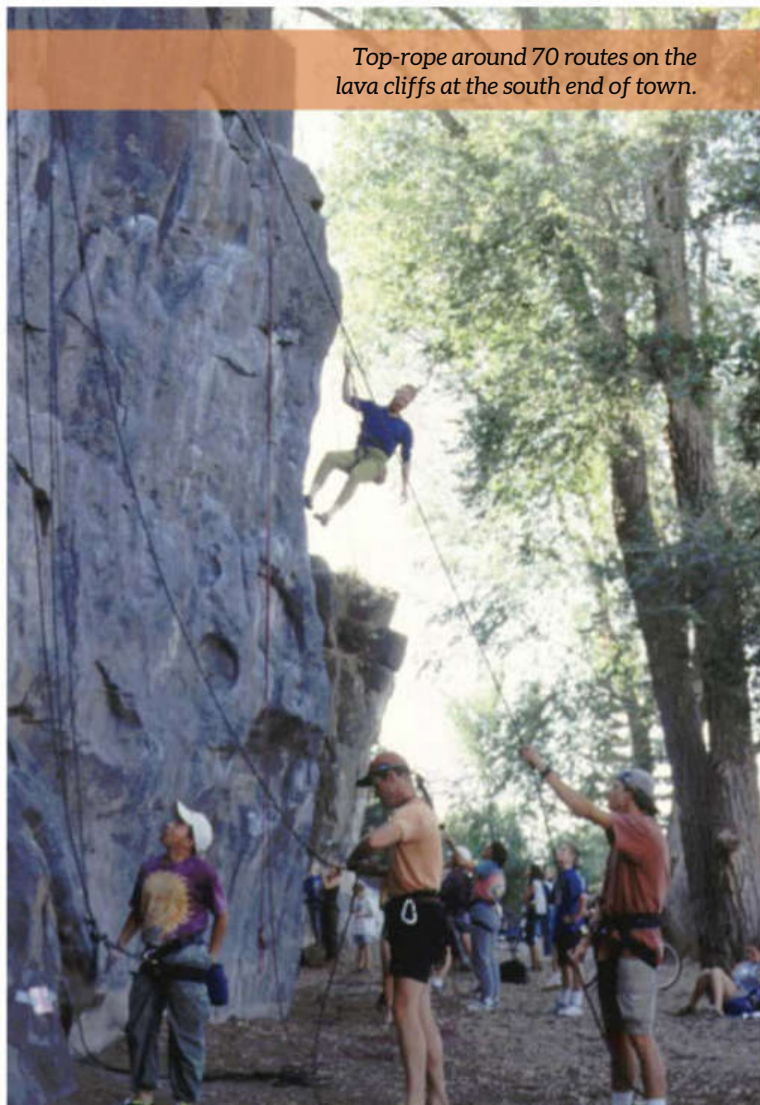
## POCATELLO, IDAHO

Idaho is known as a sportsman's paradise, and South-east Idahoans fish year-round from the finest mountain lakes, rivers, and crystal clear trout streams. With attractive prices for out-of-state hunting and fishing licenses and plentiful hunting and fishing areas, fishing, waterfowl, bird and upland game, trophy and big game hunting are a outdoorsman's delight in Pocatello's surrounding backcountry.

Amazing outdoor recreation and scenic beauty grace Pocatello. World-class mountain bike trails and challenging rock-climbing are some of the offerings located right in Pocatello. The valley is surrounded by mountains laced with incredible trails that support outdoor enthusiasts at every level of conditioning and experience. The best part is, they are just minutes away. The City Creek Trail System is 52-miles of maintained trails for hikers and bikers on the doorstep of the west bench. The Portneuf Greenway trails run through the city for thirteen miles along the Portneuf River and lead to public land trailheads that surround the city. Rock-climbers often travel to Pocatello just to scale the "Shady" and "Sunny" side of the basalt lava cliffs of Ross Park right in the city. The "Pocatello Pump," the nation's oldest rock-climbing competition, takes place here each September.

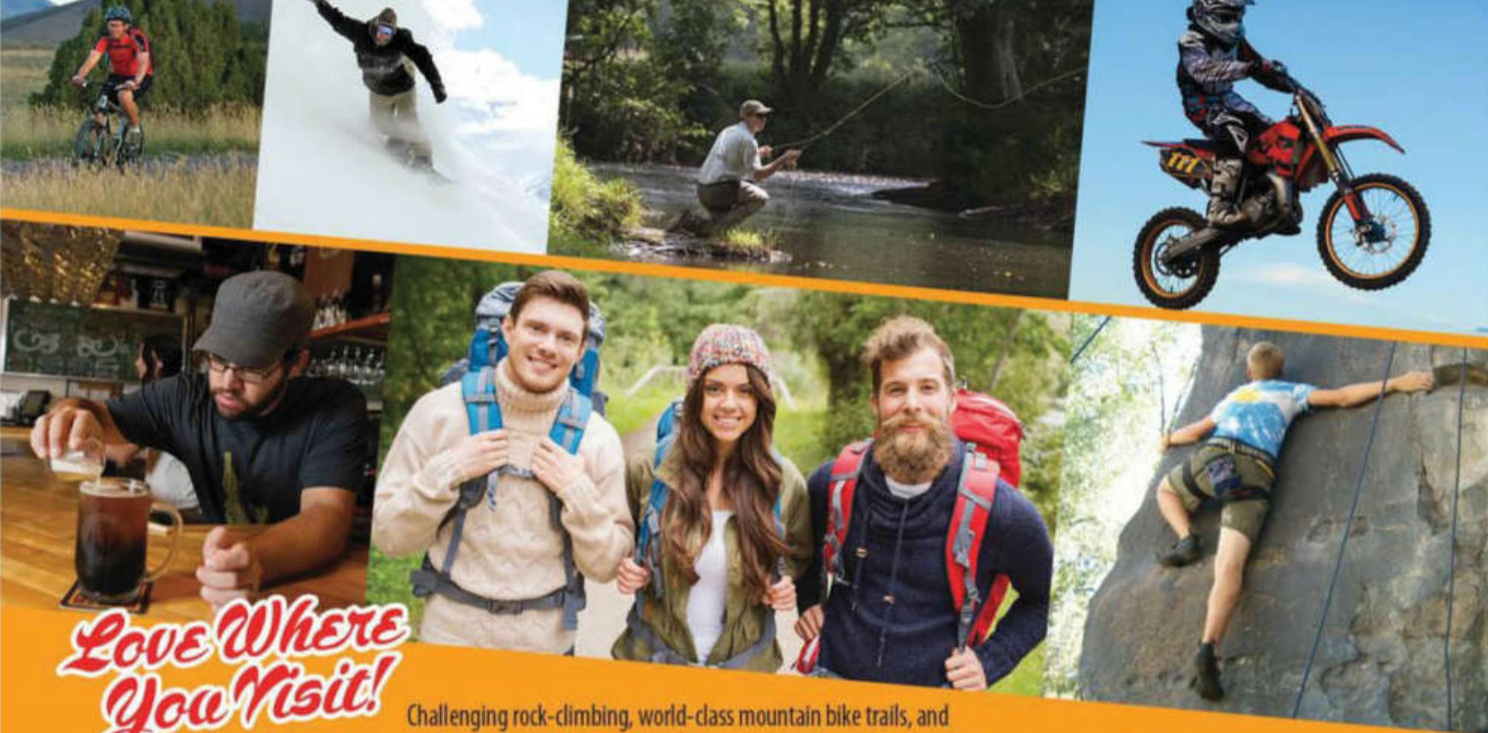
Sports fans and athletic competitors alike find the Pocatello area offers a healthy quality of life with large running, biking, hunting, fishing and skiing communities. Many events and activities are offered throughout the year including a summer fun-run series, the Pocatello Marathon, the Scout Mountain Ultra Trail—a 50-mile course, archery competitions, shooting range competitions, disc golf tournaments,

as well as ski races at nearby Pebble Creek Ski Area and the Mink Creek Nordic Center and bike races on the surrounding trails and roads. And best of all, after an invigorating outing, you can be back in town for dinner in about 20 minutes.



*Top-rope around 70 routes on the lava cliffs at the south end of town.*





*Love Where  
You Visit!*

Challenging rock-climbing, world-class mountain bike trails, and disc golf courses are some of the outdoor offerings right in Pocatello. The surrounding backcountry is a sportsman's dream—fishing, hunting, or even birdwatching. When you're not on an outdoor adventure, learn to squeegee at the world's only Museum of Clean or see Grizzlies and the animals of Yellowstone up-close at the Pocatello Zoo. Come and relish the fresh air, delicious cuisine, carefree lifestyle and enjoy the peace and quiet of the trail less traveled.



# Experience the Unexpected!



Catch a glimpse of the extraordinary as you carve your own adventure in Elko, Nevada's untamed backcountry

For more information on outdoor recreation in the Elko area:



ELKO CONVENTION & VISITORS AUTHORITY  
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ExploreElko.com







## ELKO, NEVADA

Elko, Nevada is an undiscovered American treasure; a recreational destination for any outdoor enthusiast. If you are seeking natural surroundings, fresh air and escape, Elko is your destination. Adventure unlimited awaits you as you lose yourself in this vast, open country. Among the wide open spaces surrounding the Elko area can be found spectacular mountain ranges and canyons suitable for any outdoor adventure. Whether your passion is hunting, biking, atving, camping, horse-back riding, off-roading, rock climbing, fishing or just wildlife viewing, Elko is a land of adventure capable of stretching the limits of your outdoor experience.

Whatever your recreational passion, Elko, Nevada is the perfect outdoor venue providing a variety of distinct outdoor choices. Elko's unforgettable recreation challenges will take you to the edge of your outdoor experience. From the raw majesty of the Ruby Mountains fill with rugged canyon streams to long quiet hiking trails that wind through scenic wilderness areas, to high mountain alpine lakes abundant with trout and bass to the excitement of motorcycle or four-wheel racing across miles and miles of wide-open road.

If your outdoor passion happens to be hunting, Elko, Nevada offers supreme hunting opportunities. Big game animals living in the Elko area include mule deer, antelope, mountain lion and elk. Upland game birds include sage grouse, chukar partridge, Hungarian partridge, quail, blue grouse and the exotic Himalayan snowcock. National forest and other federal lands offer numerous camp sites, whether you prefer a tent and sleeping bag or you drive a top-of-the-line RV.

Open yourself to all that Elko, Nevada has to offer. Escape the crowds and leave behind your cluttered schedule. Expand your outdoor experience to a new level. Take time to slow down and explore the untamed backcountry of the Elko area as you carve your own unique outdoor adventure.







# Discover Your Wild Side

## HOMER, ALASKA

Homer, Alaska may be the “end of the road”, but it is only the beginning of endless ADVENTURE! This captivating little town has something to offer for everyone – from families to sports enthusiast. One visit and you’ll be hooked!

Homer is located at the southern tip of the Kenai Peninsula, Alaska’s playground.

It can be reached from Anchorage by a 4-½ hour scenic drive or a short 30-minute flight.

Plan to stay at least a week to fully experience Homer. Some of the most popular activities are hiking, fishing and bear viewing, but don’t miss out on sea kayaking, paddle boarding, bird watching, cycling, kite surfing, and whale watching. And for those down days recuperating, there is shopping, a winery, brewery, art galleries and museums.

If you are looking for unrestricted outdoor fun, visit Kachemak Bay State Park. This is Alaska’s first wilder-

ness state park offering over 400,000 acres of magnificent beauty; mountains, glaciers, forests and ocean. There are more than 80 miles of trails to explore that range from easy to difficult. Reserve a cabin or yurt and camp overnight. One peek into this park and you will be a fan.

Another highlight is a chance to kayak in the pristine coves along Kachemak Bay. A typical day would entail a water-taxi ride from the Homer Spit across the bay to Grewingk Lake Trailhead, hiking to a glacier lake, stand up paddle boarding (SUP) among icebergs, then hiking back to the pickup point. Or, combine a morning hike with an afternoon kayak trip in the protected waters of Kachemak Bay. You can get close up to playful sea otters, bald eagles, puffins and sometimes whales. Experience the diverse landscape of fjords, forest, islands, lagoons, jagged mountains and unspoiled wild coastline. Photographers will never lack for a great shot with all the stunning beauty.





Bear viewing is a must for your “bucket list.” Homer offers guided fly-out bear viewing trips to Katmai National Park from June through late September for up close and personal time with the bears. About an hour’s flight takes you to bears in their natural habitat, foraging on wild grasses and berries, or frenzy feeding on salmon as they prepare for hibernation. The experience will be one of the best memories of your lifetime!

Fishing is truly a passion for Alaskans and visitors. Homer is known for its world-class halibut and salmon fishing in Kachemak Bay and Cook Inlet. Anglers can choose from fishing charters, or fish right on the Homer Spit at the Fishing Lagoon, or cast a line off the shore. And the best part is savoring your own fresh catch after a day of fishing.

For the real adventurous, Homer has on-demand air charters that will fly you over the Harding Ice Field and volcanoes, or drop you off at a wilderness cabin on a lake where you can fish for trout, rockfish and other species. The sky’s the limit!


Outdoor activities are plentiful, but Homer also has renowned restaurants and is known as a “foodie” town. You can shop at an outdoor Farmers’ Market, dine at organic bakeries and lunch spots, enjoy fresh seafood, Sushi, and the list goes on. There is no other small town in Alaska with the number of top restaurants open year round.

Homer is the place to recharge your body and nurture your soul. Hailed as a health and wellness destination, Homer’s healing arts therapies is an extreme plethora of modalities. On any given day you can experience polarity therapy, deep tissue massage, acupuncture, bioenergetics, or seek out 20 other specialist for your specific need. In the evening, relax at one of the many B&B’s, hotels and log cabins open all year.

Plan a trip to visit this charming cosmic hamlet and you will not be disappointed. You’ll be captivated by its stunning beauty and find yourself thrilled with the “end of the road”. [www.visithomer.org](http://www.visithomer.org)







# DISCOVER YOUR Wild Side

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In the heart of Tennessee, nestled between Knoxville, Nashville, Chattanooga, and Kentucky, is a region of unsurpassed natural beauty, rich history, and unparalleled cultural attractions: Tennessee's Upper Cumberland.

Far-flung valleys, rolling hills, steep cliffs, and deep gorges offer strikingly different yet equally beautiful vistas and exciting outdoor recreation opportunities for fun and quiet relaxation, as well as being a perfect vacation destination for the entire family.

Three lakes – Center Hill, Cordell Hull and Dale Hollow – are ideal natural settings for summer boating and other exciting experiences of water sports fun. Fishing is always great at the lakes and rivers.

Outdoor activities are plentiful; from caving, tree adventure, camping, hiking, or horseback riding in the region's vast woodlands, to canoeing or kayaking.

The waterfalls in the State Parks in the region are noted among the prettiest in Tennessee.

How about spelunking in Tennessee's large commercial cave, Cumberland Caverns near McMinnville? The cave offers not only daily walking tours of their wondrous

National Natural Landmark, but for the hearty of heart an introduction to adventure caving every Saturday at 1 PM. They provide the guide and the gear, you provide the guts. Suitable for children 6-years-old and up, it's a great way for families to build lasting memories while learning a new skill as you walk and crawl through Bubble Gum Alley, Ladders in the Cave, and the Devil's Backbone first discovered in 1810. At \$30 it's a rain or shine activity! [www.cumberlandcaverns.com](http://www.cumberlandcaverns.com)

The region of McMinnville and Warren County is a hidden gem nestled in the rolling foothills of the Cumberland Plateau with abundant natural beauty and world-renowned nurseries, beautiful natural waterways, trails, and vistas.

Visitors to the region enjoy nearby Rock Island State Park. The state park offers guided nature walks and organized activities such as wildflower classes and birding classes, a beach for easy swimming, many trails for all levels of hikers, views of spectacular falls, cabins and campgrounds. Paddle our many waterways—Barren Fork River, Caney Fork River, Rocky River and the Collins River, as well as their tributaries. The roadways around the county are ideal for road biking. [www.warrentn.com](http://www.warrentn.com)

**Come on! Let the road bring you to the Upper Cumberland. Visit [www.uppercumberland.org](http://www.uppercumberland.org)**



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## SIERRA VISTA, ARIZONA

Sierra Vista, at nearly 4,600 feet, offers unparalleled outdoor adventure. With a 360-degree mountain view and temperate weather year 'round, Sierra Vista, tucked into Arizona's southeastern corner, is a natural destination for discovery.

Situated near the Arizona Trail's southern terminus, Sierra Vista is your home base for hiking and mountain biking excursions. Trailheads are just minutes from town, and many are accessible with a short bicycle ride along one of the city's many paved multi-use paths. Once on the trails, you'll quickly gain elevation as you traverse the hundreds of trail miles that criss-cross the Huachuca (pronounce it "Wah-CHOO-ka" to sound like a local) Mountains.

A good portion of the trails are within the boundaries of the Coronado National Forest, where you'll find the Miller Peak Wilderness Area and pristine hiking. The namesake, Miller Peak, is the highest point within the range at 9,466 feet, with access via the Crest Trail from either Montezuma Canyon Road or Miller Canyon Trail. Either way, you'll gain plenty of elevation on this picturesque trek—and every muscle-whining step is worth it for the jaw-dropping views of the Sulphur Springs Valley to the north and east, Arizona's wine county to the west, and Mexico down south.

When you're ready to kick off the dust, find sustenance at one of Sierra Vista's many restaurants. With more than two dozen eateries, this thriving community doesn't skimp on choices. The city, with deep military roots, is home to a world's palate. Choices range from the Far East to European shores, with a smattering of American and Mexican fare. Prices range from under \$10 to around \$40, depending on your tastes. An authentic German dinner can be had for under \$20, and a mesquite grilled steak will set you back just a few dollars more. Be sure to sample some of the local wines, or better yet, take a day to visit the Willcox, Elgin and Sonoita wineries and enjoy the views at vineyard level.





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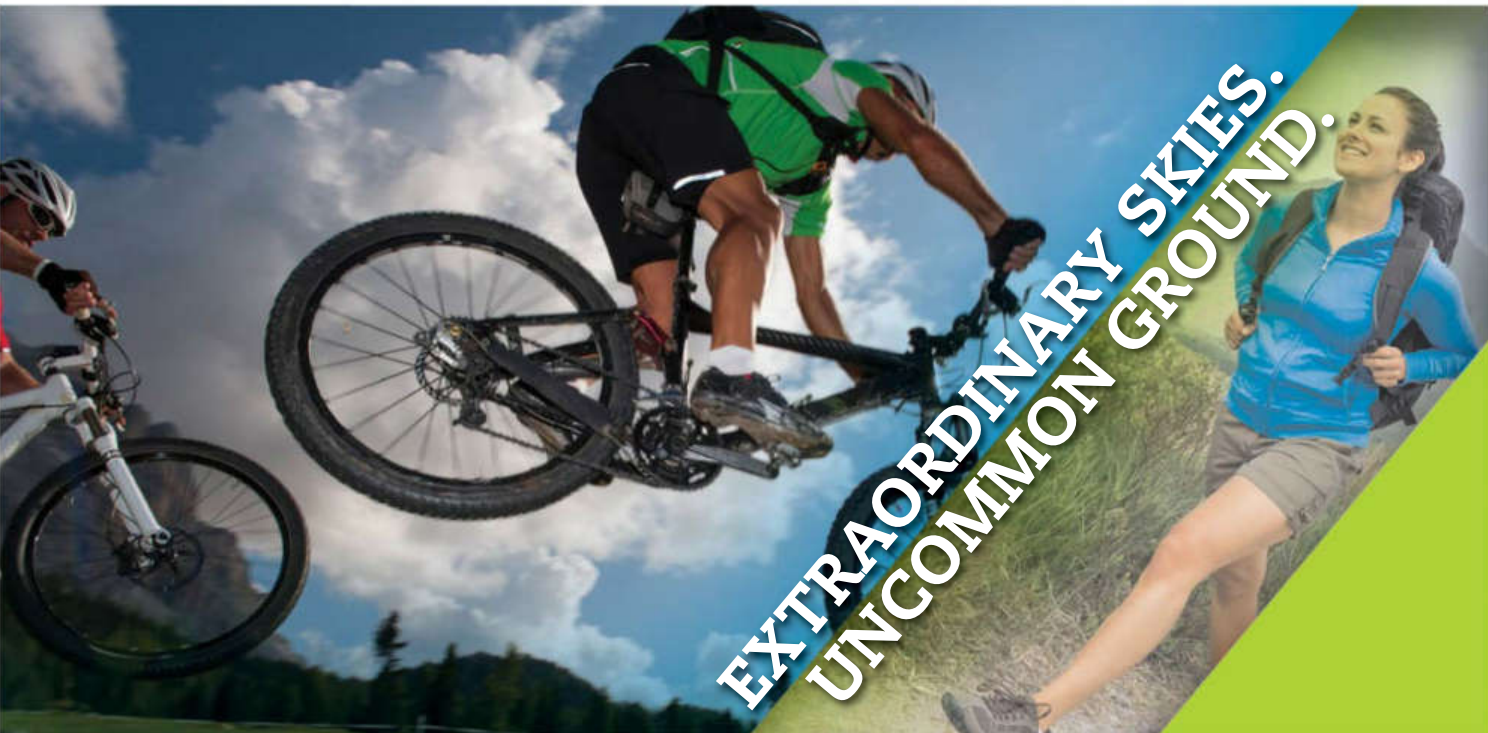


The natural beauty of Mecklenburg County can't be experienced within four walls. Get outside and gather your family around the campfire. Enjoy the fresh air and starry skies with someone special.

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## MECKLENBURG, VIRGINIA

Boasting 70,000 acres of water and 1,200 miles of shoreline to explore, Mecklenburg County sits in an idyllic landscape set in the rural countryside of Southern Virginia. Anglers covet the area for the abundance of fishing opportunities in Kerr Lake (best known to fishermen as Bugg's Island Lake), as well as Lake Gaston and the lesser-known gem Lake Gordon. This outdoor mecca is only 1 ½ hours from both Richmond and Raleigh/Durham, right on the Virginia and North Carolina border.

In nationally known Kerr Lake, Virginia's largest with 50,000 acres of fresh water and over 800 miles of shoreline, anglers will find plenty of opportunities to pull largemouth bass, stripers, walleye and crappie. The lake

also boasts a world record catch for the largest blue catfish at 143 pounds back in 2011. It was voted the best lake in North America for catching giant crappie by In Fisherman magazine.

"Our fish population has become quite diverse," says Upper Reach member Doug Miley, who's also a local kayak fishing guide with Frog Hollow Outpost. "With so much to catch, it's starting to bring a lot of visitors to the area."

Paddling is booming in the region, and rightfully so. With the development of the Southern Virginia Wild Blueway in 2014 ([www.sovawildblueway.com](http://www.sovawildblueway.com)), 3 scenic rivers and two huge lakes were tied

together, offering 35+ launch sites and countless adventures and discoveries.

Bikers, hikers, birders and equestrians would need years to fully explore the 17 free wildlife management areas which offer over 43 miles of trails and endless trailblazing opportunities year-round across 9,200 acres surrounding Kerr Lake.

A variety of accommodations, including hotels, cabin rentals, and an abundance of lakeside camping options make vacation planning easy for every type of traveler.

Come check out the distinct Southern Virginia culture – plan your fall vacation at [VisitMeckVA.com](http://VisitMeckVA.com) or search #moremeck #visitsova and #wildblueway on social media.





# MARSHFIELD, WISCONSIN



**Lions? No .... Tigers? Nope .... BEARS? YES!!! (Oh my!)**

You don't have to travel to Alaska to get up close and personal with a Kodiak bear. We have TWIN Kodiak bear cubs right here in Marshfield, WI, at the "Adler Bear Exhibit" in the Wildwood Park & Zoo! Marshfield is the recipient of a rare opportunity to adopt the cubs when their mother was illegally shot by a hunter in Kodiak, Alaska. Kodiak bears are the largest bears in the world, along with their nearest relative, the polar bear. While they may grow up to 10' tall and over 1,000 pounds, the average adult male weighs between 600-900 lbs., and the females generally weigh about 30% less. Although they are often touted as the world's largest carnivore, they are actually omnivores. Fish is an important part of their diet, but they eat more grass, plants and berries than meat, and rarely expend the time or effort necessary to chase and kill animals. However, meeting one in the wild might not be the best time to hope they are a vegan!

The natural habitat of the Kodiak bear is in the islands of the Kodiak Archipelago in southwestern Alaska, and that's the only place in the world where these bears exist in the wild. It is very rare that one becomes available to the outside world. As one of the few zoos in the "lower 48" to be an adopted home to the Kodiak bear, we have created a brand new \$1.3 million dollar "state of the art" environment for our bears that would rival exhibits in much larger cities, such as San Diego or Milwaukee. The habitat called for using bridges to connect habitats in a relatively new design, so it's pretty special that a zoo like ours can employ this concept. A 15-foot-wide glass viewing window will encourage up-close and personal bear encounters, and provide shade and shelter for visitors. Completion of this new exhibit is scheduled for mid-October, with arrival of the bear cubs, and a big "Welcome Party," to follow soon after that.







Bear Exhibit  
Construction

If \$5,000+ is not in your current budget for a trip to Alaska, for your personal encounter with the Kodiak bear, you might want to choose a “Kodiak Bear Adventure Package!” This promotion, starting in December and continuing through January, includes an overnight stay at one of the four participating hotels, a \$25.00 dinner certificate, an opportunity for a personal tour of the zoo, a limited edition stuffed “Kodiak Bear” and a personal welcome bag (full of great discounts and coupons for even more Marshfield fun!). Starting at \$84, you can choose from:

- Baymont Inn & Suites
- Holiday Inn Marshfield
- Hotel Marshfield
- Woodfield Inn

While visiting the bear exhibit, you can see the largest holiday light display in Central Wisconsin . . . During the month of December, the entire city of Marshfield joins in the celebration at the zoo with “Rotary Winter Wonderland,” a beautiful holiday light display featuring over 1.5 million lights, walk and drive-through displays, Santa’s Village, animated displays, Nativity scenes, holiday music and much more. Part of your winter adventure can also include snowshoeing (the Badger State Games Snowshoe event is held annually in Marshfield), cross country skiing, fat tire biking, ice fishing and snowmobiling. **For an update on the progress of the new bear exhibit, and to find information about all of the winter events taking place in Marshfield, including the “Kodiak Bear Adventure,” visit our website at [www.visitmarshfield.com](http://www.visitmarshfield.com)**





Lions? No .... Tigers? Nope .... BEARS? YES!!! (Oh my!)

# visit Marshfield, Wisconsin



You don't have to travel to Alaska to get up close and personal with a Kodiak bear ... we have **TWIN Kodiak Bear Cubs** right here in Wisconsin, at the **Wildwood Park & Zoo!**

If \$5,000+ is not in your vacation budget for a personal encounter with a Kodiak bear, choose one of our **"Kodiak Bear Adventure"** hotel packages, starting at \$84, which includes:

- An overnight stay at one of our four participating hotels
- \$25 Dinner Certificate
- Opportunity for a personal tour of the zoo, including our brand new, \$1.3 million, state-of-the-art Bear Exhibit!
- Limited Edition stuffed "Kodiak Bear"
- Welcome Packet (full of great coupons for even more Marshfield fun!)

Your winter adventure can also include snowshoeing, cross country skiing, fat tire biking, ice fishing and snowmobiling, as well as the largest holiday light show in Central Wisconsin!

For information on all of the winter events taking place in Marshfield, including the **"Kodiak Bear Adventure,"** visit our website: [www.visitmarshfield.com](http://www.visitmarshfield.com)



Photos by: John Gomes / Alaska Zoo



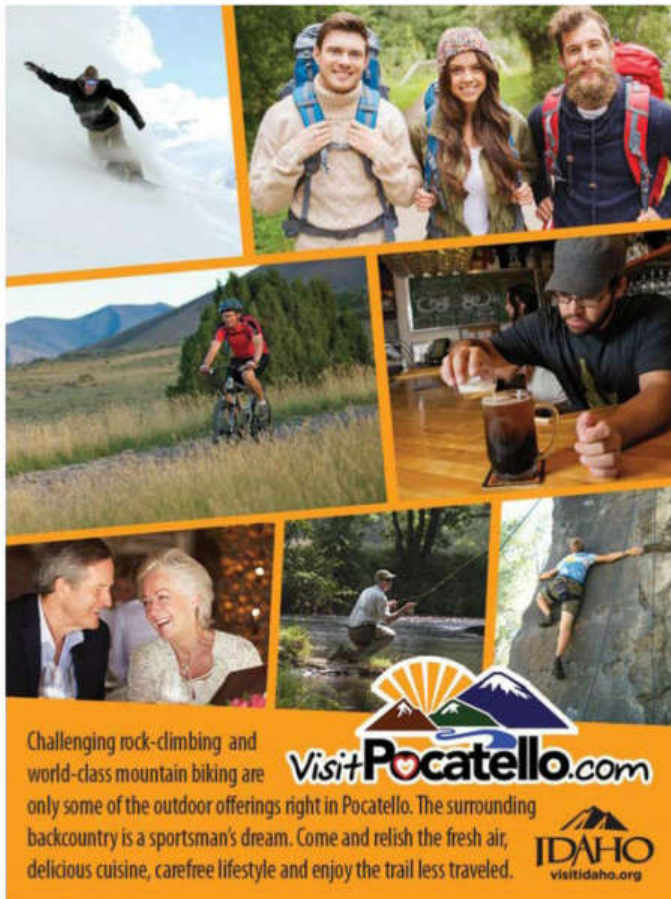




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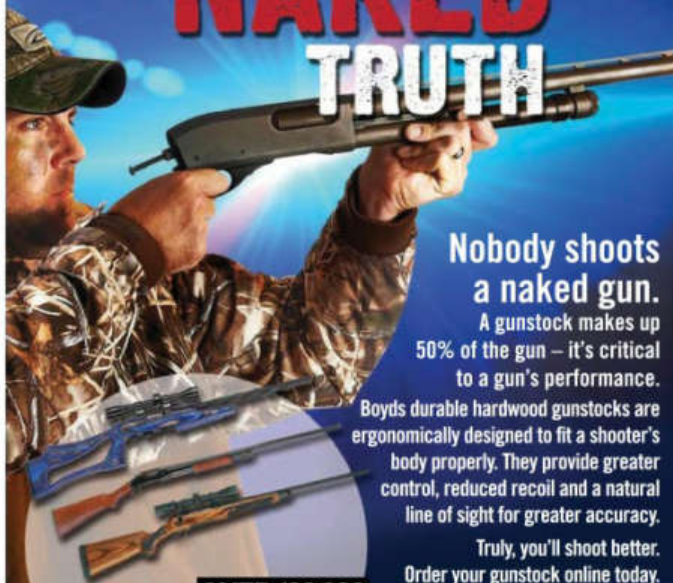
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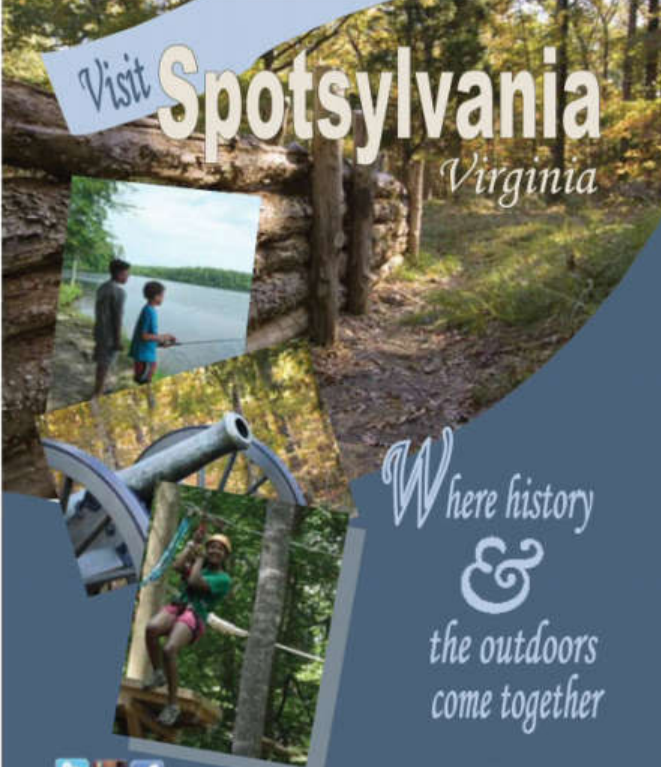
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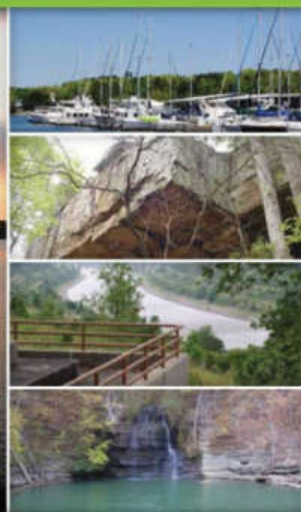


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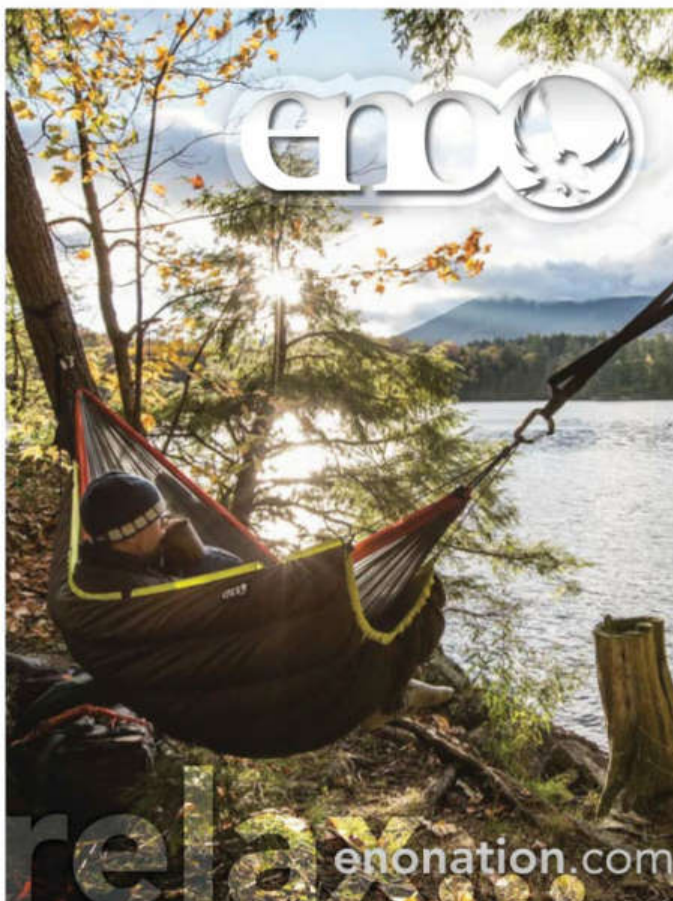


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